Texas Network of Oxford Houses

November 2020

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About Oxford House, Inc.

Oxford House, Inc. is the Delaware nonprofit, 501(c)(3) corporation that serves as the umbrella organization of the worldwide network of more than 2,900 individual Oxford Houses. Its central office is at 1010 Wayne Avenue, Suite 300, Silver Spring, Maryland 20910.

Oxford House™ is a concept and system of operations based on the experience of recovering alcoholics and drug addicts who learned that behavior change is essential to recover from alcoholism, drug addiction or co-occurring mental illness. They also learned that Oxford House™ provided the living environment that could help them become comfortable enough with recovery behavior to stay clean and sober without relapse.

The Oxford House Manual© is the basic blueprint that provides the organization and structure that permit groups of recovering individuals to successfully live together in a supportive environment. All Oxford Houses are rented, ordinary, single-family houses in good neighborhoods. There are Oxford Houses for men and Oxford Houses for women but there are no co-ed houses. The average number of residents per house is about 8 with a range per house of 6 to 16.

Oxford Houses work because they have no time limit on how long a resident can live in an Oxford House™ and because they all adhere to the charter conditions that require that: [1] the group must be democratically self-run following the policies and procedures of the Oxford House Manual©; [2] the group must be financially self-supporting; and [3] the group must immediately expel any resident who returns to using alcohol or illicit drugs.

Oxford House™ charters are provided free to groups of 6 or more recovering individuals of the same gender starting an Oxford House™. Oxford Houses provide the time, peer support and structured living environment necessary for long-term behavior change to take hold.

Oxford House™ has been in the state of Texas since 1990 and the two Oxford Houses started then are still operating. Not only that but year by year the number of Oxford Houses in the state has increased until now there are 280 Oxford Houses with 2,184 beds in the state. This report is a profile of the statewide network of Oxford Houses based on a survey of residents in August – September 2020.

Oxford House™ was the only recovery-housing program listed on the 2011 federal National Registry of Evidence-based Programs and Practices [NREPP]. Oxford House™ was also singled out in the 2016 Surgeon General’s Report “Facing Addiction in America.” Moreover, more than 200 DePaul University studies since 1992 have confirmed the value of Oxford House™ in fostering long-term recovery.

Silver Spring, Maryland
November 2020

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The Texas Oxford House Survey

In August and early September 2020, 1,439 of the 1,699 individuals then residing in the Texas network of Oxford Houses [84.7%] completed a detailed survey describing them and their recovery progress. The survey questions have been asked of Oxford House residents since 1988. The surveys provide an indication of who is being served by Oxford House™ and how Oxford House living is fueling their road to long-term recovery.

This report presents the results of the survey and describes how Oxford Houses fit into the continuum of care that many professionals believe is essential for long-term recovery from alcoholism, drug addiction and co-occurring mental illness.

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The Oxford House Blueprint for Success
The table presents the results of a confidential survey given to residents living in Texas Oxford Houses during August and September 2020. The survey response rate is 84.7% (1,439 of 1,699). Basic monthly FY2020 data maintained by Oxford House, Inc. is indicated by an asterisk.

| Total Number of Oxford House residents who completed the survey: \[84.7\% of residents\] | 1,439 | Average Age of residents: \(\text{Range 17 – 75: Median 36}\) | 37.9 Years |
| Number of Men in survey: | 904 | Number of Women in survey: | 535 |
| Average Weekly Cost Per Person for household expenses: \[\text{Range $100 to $160}\] | $131 | Rent Per Group Per Month Average: \(\text{Range $1,000-$4,400 per month; Median $2,000}\) | $2,032 |
| Percent Military Veterans: | 7.9\% | Average Years of Education: \(\text{Median 12; HS graduate 80.3\%; College graduate 6.8}\%\) | 11.8 Years |
| Residents Employed 8/15/2020: | 83.5\% | Average Monthly Earnings: \[\text{Median $2,000}\] | $2,139 |
| Addicted to only Alcohol: | 19\% | Addicted to Alcohol and other Drugs: (Opioids 47.9\%; MAT 21.8\%) | 81\% |
| Race— | | Marital Status – | |
| White | 70.8\% | Never Married | 57.4\% |
| Black | 7.4\% | Separated | 7.7\% |
| Native American | 1.5\% | Divorced | 29.1\% |
| Hispanic | 17.4\% | Married | 3.8\% |
| Other | 2.9\% | Widowed | 2.0\% |
| Prior Homelessness: | 70.6\% | Median Time Homeless: \[\text{Median Times 2; Average Length 9.3 Mos.}\] | 4 Mos. |
| Prior Jail: | 83.7\% | Average Jail Time: \(\text{Median Jail Time}\): | 21.6 Mos. 9 Mos. |
| Percent going to AA or NA | 98\% | Average Number AA or NA Meetings Attended Per Week: | 3 |
| Percent Going to Counseling \textit{in addition to AA or NA} (weekly): | 32.7\% | Average Length of Sobriety of House Residents: \[\text{Median 2 mos.; Range: [<2 mos. to 4 yrs.]}\] | 19.1 Mos. |
| *Residents Expelled During FY 2020 Because of Relapse: | 23.6\% | *Average Number of Applicants For Each Vacant Bed: | 2.3+ |
| *Average Stay in an Oxford House: | 9 Mos. | * Houses started in FY 2020 \[7 more have been added in FY 2021\] | 23 |

**Number of Texas Oxford Houses and Beds as of November 20, 2020**

| *Number of Men’s Houses: | 176 | *Number of Men’s Recovery Beds: | 1,387 |
| *Number of Women’s Houses: | 103 | *Number of Women’s Beds: | 792 |
| *Total Number Texas Oxford Houses: | 279 | *Total Number of Oxford House Beds: | 2,179 |
Background

Oxford Houses have been established in Texas for a long time. The four houses shown below have all been operating for around 30 years and have provided the foundation for today’s network of 280 Texas Oxford Houses.

Oxford House - Walnut Hill
1238 Delmont Dr.
Richardson, TX 75080
6 M • Established October 1, 1990

Oxford House - Willowick
8602 Willowick Drive
Austin, TX 78759
11 M • Established August 1, 1990

Oxford House - Dallas
726 Glendale Drive
Dallas, TX 75214
8 M • Established February 1, 1991

Oxford House – North Park
3624 Coral Cables Drive
Dallas, TX 75229
8 M • Established August 1, 1991

These are all ordinary single-family houses that are being used for the extraordinary purpose of providing groups of individuals recovering from addiction the opportunity to gain the peer recovery support they need to become comfortable enough in recovery to avoid relapse. Each house develops its own history that reminds current residents of prior successful long-term recovery.
Part 1 – Profile of the Current Texas Oxford House Population

When the Texas Oxford House residents were surveyed in August and September of 2020, 1,439 of the 1,699 residents completed the survey. This is a remarkable 84.7% response rate. All the existing Texas Oxford Houses participated in the survey. 63% of the respondents were men and 37% were women.

Gender

As of August 2020, Texas had 102 women’s Oxford Houses and 178 men’s Oxford Houses for a total network of 280 Oxford Houses in the state.

The Texas Oxford Houses have bed space in for 1,399 men and 785 women [2,184 total beds]. Of the 785 Oxford Houses for women, 37 take women with children. Of the 1,399 Houses for men, 9 of them take men with children.

During FY 2020 [July 1, 2019 – June 30, 2020], the statewide network of Oxford Houses a total of served 6,660 individuals in recovery.

Length of Recovery

Within each Oxford House, there are differences in how long residents have been in recovery. Partly because there is no time limit on residency within an Oxford House, individuals are able to stay as long as they want, provided they do not drink alcohol or use illicit drugs.

This time factor contributes greatly to the overall success rate of Oxford House living because every individual is different. Some adapt to the behavior change needed for long-term recovery quickly; others take years to become comfortable in the behavior needed to assure long-term recovery.

The current length of sobriety does not necessarily mean that an individual’s total time of recovery falls within the timeframe of living in an Oxford House. Some individuals may have some length of sobriety before moving into a house. For example, the survey shows that 26.5% of the respondents have 2 years or more of sobriety. Some may have picked up sober time in prison before coming into an Oxford House. The various lengths of recovery time allow “new-comers” to learn the value of long-term recovery from the “old-timers” in recovery. They also learn that their own stay in an Oxford House does not have to be limited.
Treatment History

The federal government maintains the Treatment Episode Data Set [TEDS], which identifies the prior treatment characteristics for the one in seven individuals who actually gets treatment. The TEDS data shows that, on average, those in treatment have had a little more than three previous treatment episodes. A remarkable 15% of those in treatment have been in treatment five times or more. Fewer than 25% are in treatment for the first time. The median number of times Texas Oxford House residents had been through treatment was 3. Over 80% had relapsed at least once.

The prior treatment episodes for the Oxford House population also show repeated times in formal treatment, usually followed by relapse. As a matter of fact, many professionals in the field proclaim relapse to be part of the disease. Oxford House™ from its beginning has emphasized that relapse does not have to be the norm. The Oxford House™ emphasis is on recovery without relapse.

Table 1

<table>
<thead>
<tr>
<th>No. of Times in Formal Treatment</th>
<th>VA %</th>
<th>OK %</th>
<th>NC %</th>
<th>WV %</th>
<th>IN %</th>
<th>WA %</th>
<th>TX %</th>
</tr>
</thead>
<tbody>
<tr>
<td>One</td>
<td>16.1</td>
<td>25.6</td>
<td>18.2</td>
<td>22.3</td>
<td>18.9</td>
<td>16.5</td>
<td>23.9</td>
</tr>
<tr>
<td>Two</td>
<td>24.2</td>
<td>23.5</td>
<td>20.0</td>
<td>18.9</td>
<td>24.8</td>
<td>24.1</td>
<td>18.8</td>
</tr>
<tr>
<td>Six to Ten</td>
<td>12.9</td>
<td>16.7</td>
<td>10.9</td>
<td>16.8</td>
<td>4.6</td>
<td>11.0</td>
<td>13.8</td>
</tr>
<tr>
<td>More than Ten</td>
<td>04.8</td>
<td>6.8</td>
<td>06.3</td>
<td>14.3</td>
<td>2.0</td>
<td>5.1</td>
<td>11.6</td>
</tr>
</tbody>
</table>

Respondents to the survey were asked their last formal treatment provider. Of the 1,439 respondents 84% [1,206] listed a provider. Residents come to Oxford House from many different treatment centers. The providers sending the most individuals to Texas Oxford Houses in 2020 are listed in the table below:

<table>
<thead>
<tr>
<th>Provider</th>
<th>No. of Respondents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cenikor Foundation</td>
<td>106</td>
</tr>
<tr>
<td>Texas Dept of Corrections</td>
<td>105</td>
</tr>
<tr>
<td>Nexus Recovery</td>
<td>68</td>
</tr>
<tr>
<td>Lifetime Recovery</td>
<td>53</td>
</tr>
<tr>
<td>Salvation Army ARC</td>
<td>52</td>
</tr>
<tr>
<td>The Right Step</td>
<td>50</td>
</tr>
<tr>
<td>Charlie’s Place</td>
<td>44</td>
</tr>
<tr>
<td>Pine Steet Rehab</td>
<td>40</td>
</tr>
<tr>
<td>Homeward Bound</td>
<td>30</td>
</tr>
<tr>
<td>Alpha Home</td>
<td>29</td>
</tr>
<tr>
<td>Serenity House</td>
<td>27</td>
</tr>
<tr>
<td>Turtle Creek Recovery Center</td>
<td>27</td>
</tr>
<tr>
<td>Magdalen House</td>
<td>21</td>
</tr>
<tr>
<td>Recovery Unplugged Austin Rehab Cent</td>
<td>20</td>
</tr>
<tr>
<td>Valley Hope</td>
<td>19</td>
</tr>
<tr>
<td>VA Hospital</td>
<td>13</td>
</tr>
</tbody>
</table>

A full list of treatment providers is printed as “Attachment A” to this profile.

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1 There are about 25 million alcoholics, drug addicts and those with co-occurring mental illness. Of that number, fewer than 1.7 million get formal treatment each year. TEDS data includes information from the annual pool of those in treatment.
Relapse

During FY 2020 [July 1, 2019 – June 30, 2020] the Texas network of Oxford Houses provided home and recovery support for 6,660 individuals. Of those individuals 1,573 [23.6%] were asked to leave because they had returned to using alcohol or illicit addictive drugs. Some of those who were expelled because of relapse will return to Oxford House living if they again enter recovery. While we do not have an exact number quantifying how many of those expelled will return to Oxford House living, we believe that the number is fairly large based on antedoctal stories.

For every individual expelled from a Texas Oxford House during FY 2020, there were 2.8 individuals who voluntarily moved out clean and sober. Specifically, 6,660 different individuals lived in Texas Oxford Houses during FY 2020 and 4,360 moved out (2,787 voluntarily and 1,573 due to relapse) and 4,969 moved in.\textsuperscript{2} Unfortunately, for every applicant being accepted in a Texas Oxford House 2.3 applicants were not successful either because there was no vacancy or because the existing residents did not vote them in.

Oxford House does not track individuals after they stop living in an Oxford House, but studies suggest that the system of operations and the open-ended residency policy enables the development of long-term recovery. A National Institute of Drug Abuse [NIDA] - financed study by DePaul University [Grant # DA 13231] followed 897 residents living in 219 Oxford Houses across the country for 27 months. The DePaul researchers found that only 13% returned to using alcohol or illicit drugs.\textsuperscript{3} The DePaul study took place in 2007 – well before the current opioid epidemic.

Some of the relapses were the result of a return to opioid use. In the early days of Oxford House, most but not all of the residents abused alcohol only. Today, many residents have used and abused opioids. While 47.9% of the surveyed Texas Oxford House residents had abused opioids, only 21.8%, slightly less than half of the opioid users, are using medically-assisted treatment [MAT]. For most of those, the medicine is buprenorphine, although several are on methadone.

Starting in the first Oxford House in 1975, individual Oxford Houses have developed systems to assure that medication for co-occurring mental illness is monitored. Often a house will require a lock box and other safeguards to make certain that medication is not stolen or misused. Over the last few years medication to assist in recovery from opioid addiction has required the same kind of monitoring and protection. In a recent article in \textit{Alcoholism Treatment Quarterly}, John Majer, Ph.D., Leonard Jason, Ph.D. and others found that “Oxford Houses provide valuable social support that helps persons utilizing MATs in their recovery.”\textsuperscript{4}

Because prior opioid users are in the Oxford House population, each Oxford House group teaches its residents about the use of Narcan. The survey did not inquire as to whether or not opioid personnel train house residents to have and to be able to use Narcan. In the event an opioid overdose happens, the individual is hopefully ‘saved’ and then expelled from the House.

\begin{flushright}\textsuperscript{2} 23 new Oxford Houses were added to the Texas network of Oxford Houses during FY 2020 which allowed more individuals to ‘move in’ than to ‘move out.’ About 2,300 individuals ‘stayed in place’ during FY 2020 and lived in a Texas Oxford House during all of FY 2020. Nevertheless, applications exceeded the supply of beds as there were 2.3 unsuccessful applicants for each successful applicant.\end{flushright}

\begin{flushright}\textsuperscript{3} Addictive Behaviors 32 (2007) 803-818\end{flushright}

\begin{flushright}\textsuperscript{4} \textit{Alcoholism Treatment Quarterly}, 2020, VOL. 38, NO. 2, 199–214\end{flushright}

\url{https://doi.org/10.1080/07347324.2019.1678445}
Racial Diversity

The egalitarian nature of alcoholism and drug addiction cuts across all racial and ethnic groups. The graph below shows the diversity of the Texas Oxford House population. This diversity is reflected in the individual houses throughout the state. Native Americans constitute 1.5% of the Oxford House population but only 0.1% of the state’s population. The African-American population of the state is 12.3% but the African American population of the state’s Oxford Houses is only 7.4%. The White Oxford House population [70.8%] plus the Hispanic Oxford House population [17.4%] equals 88.2% of the Oxford House population, which is a little higher than the 2018 estimate by the U.S. Census to the percentage [73.5%] of the combined White and Hispanics in the state’s population. Overall, the racial diversity of the Oxford House population reflects not only the egalitarian nature of the disease but also the absence of discrimination among Oxford House residents who vote in new residents.

Age of Residents

The average age of residents in Texas Oxford Houses is 37.9, a little older than the 36.6 in the 2017 Texas profile. The ages range from 17 to 75. The median age is 36, which is about a year and a half older than what it was in the 2017 profile. The relatively small ‘aging’ of the Texas Oxford House profile arises because there is no time limit on residency and more individuals are staying longer as Oxford House residents.

Veterans

Texas Oxford Houses have a lower percentage of veterans [7.9%] than do networks of Oxford Houses nationally [13%] and OHI will increase its outreach to veterans because the need is great. However, the 7.9% of Texas Oxford House residents is higher than the overall veteran population of Texas which is about 5%.

Marital Status

Well over half of the Texas Oxford House residents [57.4%] have never been married. Addiction wreaks havoc with relationships and over thirty percent who had been married are divorced or separated by the time they arrive at an Oxford House. The graph at the left shows the marital status of the residents in the Texas network of Oxford Houses. This finding tracks the marital status of residents in the national network of Oxford Houses.
Education

The diversity of the Oxford House population is also demonstrated by the variation in educational attainment among the residents. The highest level of formal education among the Texas Oxford House residents ranges from completion of 2nd grade to college graduation.

The broad range of educational attainment among residents serves as a reminder of the egalitarian nature of alcoholism, drug addiction and co-occurring mental illness. The median educational attainment level is 12 years, as is the average.

Since slightly over 20% of the residents have not graduated from high school, the state and OHI should make certain that all the Oxford Houses in the state have up-to-date information about how to obtain a GED. On the other hand, 13.8% have a four-year college degree and 41% have had some education beyond high school.

It is possible to build into the recovery culture within Oxford House an understanding that early recovery can be a good time to improve educational attainment. In some states, community colleges and universities welcome Oxford House residents and the residents take advantage of their open-ended residency in an Oxford House to gain further education. The University of North Carolina at Chapel Hill has two Oxford Houses dedicated to students and there are 17 other Oxford Houses in Chapel Hill where some students live.

When the Covid-19 pandemic passes, OHI will reach out to community colleges and universities in the state to share how some schools are using Oxford Houses to support recovery among students.

Employment

The survey of residents took place in August 2020. The national shutdown because of the pandemic had recently begun. At the same time, 83.5% of respondents were employed. The average monthly income – from both employment and other sources – was $2,139, a lot more than the June 2019 national average of $1,695. The median income was $2,000.

Since the equal expense share cost of living in an Oxford House averages $131 per week [range $100-$160] in Texas, the income per person is more than adequate. The equal expense share covers all household expenses except for a resident’s food. The largest household expense is the

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5 Initially the equal share of expenses is set when the house is established to be as close as possible to the total household expenses divided by the number of residents the house can accommodate. While a group may subsequently increase or decrease the equal share of expenses, it seldom does. The equal share of expenses increases if the group does not keep all the beds full.
rent the group pays the landlord, which in Texas averages $2,032 a month with a range from $1,200 to $4,400 a month.

**Prior Living Situation**

Almost all residents of Oxford House are enjoying a significant improvement in living arrangements over what they had before moving into an Oxford House.

Nearly a third [32.1%] of the individuals who moved into a Texas Oxford House were previously living in what can best be described as marginal living situations – homeless, jail, motel, hospital or halfway house. The 24% “living with family” could be added to the marginal living situation in most cases. In all cases, the prior living situation failed to get or keep the individuals on the path to recovery. Note in Attachment A that formal treatment for a addiction for 105 residents took place while they were incarcerated. For those and other, their prior living conditions were not conducive to achievement of long-term recovery. If they had been, the individual would not have applied to and been accepted to move into an Oxford House.

**Homelessness**

When looking at the survey responses in more detail, past homelessness and incarceration stand out. Homelessness was experienced at least twice by 70.6% of all respondents and was for a median length of time of 4 months. The median number of times a person found themselves homeless was twice. If an addict completes detoxification and returns to homelessness, the chance that he or she will stay clean and sober is very slim. For the person who has been homeless who moves into an Oxford House, the difference is great. Among other things,
in an Oxford House a person has a safe place to live rather than in a crowded homeless shelter or on the streets. A person also has his or her own key to a real house in a real neighborhood. For many, that fact alone provides a sense of self-esteem and pride. This is true for both as an alternative to homelessness or incarceration.

The fact that the Oxford House provides a safe, clean and comfortable living environment is in and of itself a big incentive to continue on the path of recovery. To stay in that place to live requires not taking a drink of alcohol or using an illicit drug because such action would result in immediate expulsion. Postponing taking a drink of alcohol or using an illicit drug becomes a small price to pay for staying in an Oxford House. Soon, days become weeks, and weeks, months and recovery becomes a valuable habit. The Oxford House resident then has substantially increased the odds that long-term recovery without relapse is likely.

**Jail Time**

The vast majority [83.7%] of Texas Oxford House residents have served jail or prison time. The median time of incarceration was 9 months, with an average of 21.6 months. The length of incarceration is from a few days to over twenty years. Most residents were introduced to recovery programs while in jail or prison. In the 12-Step programs, there is a saying that addicts in recovery need to avoid the places, people and things associated with their addictive use. That is easier said than done but, for individuals leaving jail or prison, Oxford House becomes a feasible way to avoid old associates and old neighborhoods. Over 9.5 percent of the Texas residents came directly from jail or prison into an Oxford House. The Texas Oxford Houses have a long history of reaching out to help incarcerated recovering individuals to reenter society by moving directly into an Oxford House and increasing the odds that they will stay free of future incarceration. As noted previously, the formal addiction treatment for these residents took place while they were incarcerated.

**12-Step Meetings and Counselling**

Living in an Oxford House provides 24/7 peer recovery support and the living environment encourages attending a lot of 12-Step meetings. The respondents indicated that the average number of such meetings they attend each week is 3. That number is 50% more than the number that a person not living in an Oxford House attends. AA tries to estimate the number of AA meetings members attend each week and has found that it about two meetings a week.

In addition to attending lots of AA/NA meetings, 32.7% of respondents to the survey indicated they attended weekly counselling sessions with a therapist. Many of these individuals were participants in medically-assisted treatment programs (MAT). As indicated previously, 21% of those who are addicted to opioids [47.9%] are using MAT. This group attends outside counselling primarily because it is a condition of continued medication.
Resident Satisfaction with Oxford House Living

There are a number of ways to measure how residents of Oxford Houses perceive the benefits of Oxford House living. The survey asked two questions to of residents to measure their personal satisfaction with Oxford House: [1] How important is it to your own recovery, and [2] Would you recommend it to others? With respect to the first question, 98% of the respondents felt Oxford House living was very important to their own recovery. Fewer than 1% would not recommend Oxford House to others. It should be noted that those who would not recommend Oxford House were newcomers who had been in Oxford House less than two weeks. The vast majority of residents indicated that they would recommend Oxford House to others [94.2%]. About 5% [4.9%] were uncertain.

The value of Oxford House living can be measured in a number of ways. One study financed by NIDA and conducted by DePaul University in Chicago during 2006 examined the long-term success. In that study, researchers followed 897 residents in 219 Oxford Houses across the country for over two years by interviewing them every three months. The study found that only 13.7% of those individuals returned to drinking alcohol or using drugs during the 27-month survey period.6

The Texas Fall 2020 Newsletter illustrates the dedication of both alumni and existing residents of Texas Oxford Houses. It can be viewed by going to the Oxford House national website: www.oxfordhouse.org at “Publications/General” and scroll down to “Newsletters/Texas Fall 2020”. The newsletter was produced by the residents of Texas Oxford Houses.

Filling Vacancies and Expanding the Network

In most cases not getting accepted into an existing Oxford House arises because several applicants will apply for the same vacancy suggesting a need for more Oxford Houses. While OHI continues to expand the number of Oxford Houses in the state, it has not resulted in creating an excess supply of available beds.

As a general rule, every Oxford House is quick to fill any vacancy for both selfish and altruistic reasons. Because household expenses are equally shared among the residents of each house, if all the beds are not filled, each resident will have to pay a larger amount for household expenses. Self-interest tends to encourage keeping all vacant beds filled. Otherwise it costs more per resident and most individuals prefer keeping their money for uses other than having a place to live. Most residents are also interested in helping others achieve recovery.

6 See the report of this study at The need for substance abuse after-care: Longitudinal analysis of Oxford House at website: www.oxfordhouse.org under “Publications/Evaluations/DePaul.”
Key to the smooth running of the Texas Network of Oxford Houses is the day in and day out work of trained outreach workers who help keep the statewide network of 280 individual houses motivated and on track. All the outreach workers are Oxford House alumni and they share their experience, strength and hope about recovery and Oxford House success.

The box at the left outlines some of the important skills each outreach worker brings to the success of Oxford Houses including the self-run, self-supported system of operation. Likewise, the alumni provide encouragement and recovery support to the ever-changing current residents of Texas Oxford Houses and keep their eyes open for ways and means for the statewide network of houses to grow in order to better meet the need.

Part 2 – How Oxford Houses Work

Each Oxford House™ is self-run and self-supported. Within the Oxford House™ community, it is often remarked that “The inmates run the asylum.” They do. Such participatory democracy not only is cost-efficient, but it also provides the foundation for personal change. Each resident rises to the occasion whether it is by voting on acceptance of a new resident, expelling a resident who relapses, carrying out the duties of being a house officer, or simply voting on an issue at a weekly House business meeting. All of the processes and procedures are set forth in the Oxford House Manual© and related materials. With the mutual support and supervision that individual Oxford Houses provide for each other through chapters and statewide associations, uniformity and quality control is assured. In Texas, one can visit an Oxford House in Dallas, Houston, San Antonio, Austin, Tyler or anywhere else in the state and immediately recognize that the particular recovery group within each house is following the same set of procedures and protocols. Oxford House, Inc. has not only provided a full set of operational manuals but also has taken the time to teach the group the basic procedures than enable a recovery group to function well. Visiting any one of the more than 2,900 Oxford Houses throughout the country provides the same affirmation.

7 Oxford House is organized from the bottom-up. In addition to the basic Oxford House Manual© there is an Oxford House Chapter Manual©, an Oxford House World Council Manual© and an Oxford House State Association Manual©. Along with a growing number of standardized forms these manuals provide a definitive blueprint for each Oxford House to uniformly follow processes and procedures that reflect the successful formula that makes Oxford House™ the only best practice listed on the National Registry of Evidence-base Programs and Practices.

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7 Oxford House is organized from the bottom-up. In addition to the basic Oxford House Manual© there is an Oxford House Chapter Manual©, an Oxford House World Council Manual© and an Oxford House State Association Manual©. Along with a growing number of standardized forms these manuals provide a definitive blueprint for each Oxford House to uniformly follow processes and procedures that reflect the successful formula that makes Oxford House™ the only best practice listed on the National Registry of Evidence-base Programs and Practices.
Each weekly House business meeting illustrates participatory democracy and pragmatic problem-solving in action. Each meeting opens with a reading of one of the nine Oxford House Traditions. This underscores the purpose of Oxford House and sets the tone for the entire meeting. The House President calls the meeting to Order and asks the Secretary to read the minutes of the last business meeting. The minutes are then either accepted by majority vote or amended based on a motion to amend followed by majority vote. Robert’s Rules of Order dictates parliamentary procedures. The Treasurer reports on the balance of the group’s checking account; the Comptroller reports on whether every resident is up to date in paying an equal share of household expenses; and the Chore Coordinator reports on how well the residents have adhered to the chore list during the previous week. The group then considers new business, which may range from a personality issue within the house or plans for a social event such as a picnic or bowling. Since each office is term limited to six-months every resident is likely to serve in one or more of the offices.

Just as many large families have get-togethers to share each other’s company and knowledge, Oxford Houses do too. The officers of each individual house get together once a month at a Chapter meeting. Those meetings also follow disciplined procedures and elect officers. They also stage events to enjoy getting together in non-drinking, non-using “fun” activities. During the pandemic, most of these meetings and get-togethers are via Zoom.

The group pictured at the left is a group of individuals from the Waco Chapter who meet once a week via Zoom. All needed forms are sent with the Zoom invitation to each house; attendance is voluntary and comes with the opportunity to win an Amazon gift card paid for by chapter donations! Houses are not required to join chapters but most do so.

On this July night, there were 9 Houses represented on the Zoom call. The pandemic has required all Oxford Houses to adapt. Thanks to the Internet and Zoom, adaptation has become widespread and everyone continues to follow the processes and procedures that characterize the uniform and skillful operation of all Oxford Houses.

Traditionally, each year – except for this pandemic year – residents from Oxford Houses gather together for an annual convention to learn about addiction from experts, to lend their knowledge of what works, to elect members of the World Council and to socialize with each other. While much of the convention focuses on hearing from experts in the field (see next section on research), meeting folks from Oxford Houses in other parts of the country and sharing knowledge and experiences is also key.

**Oxford House Officers**
- President
- Secretary
- Treasurer
- Comptroller
- Chore Coordinator
The Covid-19 crisis forced the cancellation of this year’s national Oxford House convention that had been scheduled to take place in Seattle in October. The 2019 Convention last September had been held in Washington, DC and more than a hundred residents from the Texas Oxford Houses attended. The picture below shows the enthusiastic Texas contingent. Hopefully, the current pandemic will have subsided by the time the 2021 Convention again takes place.

Texas Oxford House residents attending the national Oxford House Convention in Washington, DC over Labor Day weekend in 2019

As suggested by the picture above of three basic Oxford House Manuals, expanding to meet the need has required organization of chapters, conventions, training sessions and state associations for houses to monitor the performance of each other. The charter conditions are simple, but they require everyone’s support.

Common to all Oxford Houses is participatory democracy and pragmatic problem-solving, whether it involves personality problems or a broken dishwasher. If there is a problem, the group faces it and comes up with ways to resolve it. Each resident has an equal vote and pays an equal share of household expenses. Stigma associated with recovery from addiction is discouraged but stigma with respect to active addiction is not discouraged. A return to active addiction results in immediate expulsion from an Oxford
House. This is because active addiction almost always results in bad behavior that adversely affects the individual and his or her family and community.

Not everyone masters the new behavior at the same pace. Some quickly adapt and some take a lifetime. The Oxford House concept is based on easy expansion of a supply of beds – simply rent another house – rather than arbitrarily limiting the time of residency of one individual in order to make room for another. When a particular house is staying full, stable and operating well, renting another house is a better way than imposing a time limit on residency in order to make room for the newcomer. The “expanding to meet the need” is something that began 45 years ago in the first Oxford House. The beds were full. Newcomers to recovery applied and needed a place to live that would support their road to recovery. The men in the first Oxford House pooled their resources after just three months of existence and the group split and opened a second house.

The Texas Network of Oxford Houses has organized itself to assist in continued expansion. Pictured on the next page are members of the Waco Chapter with a U-Haul truck helping to move furniture into a new house. All of the Oxford Houses in the state belong to chapters. A chapter is a local cluster of Oxford Houses designed to provide mutual assistance among its members. It elects chapter officers from among the officers of the individual houses making up a chapter. Chapter membership is voluntary but most Houses join. Chapters also organize fun events from picnics to sports and the monthly chapter meeting usually provides a common meal. Nothing like good food to attract a crowd! During the pandemic chapters meet via zoom but continue to plan events for when the pandemic gets under control.

Part 3 – Research and Oxford House

OHI relies on internal and independent third-party research to understand better not only the recovery process but also, more specifically, the role Oxford Houses can play in making long-term recovery without relapse the norm rather than the exception.

The independent third-party research began in 1987 when Bill Spillaine, Ph.D., started teaching at Catholic University after he retired from NIDA. Dr. Spillaine asked to review the outcome records of individuals who had lived in an Oxford House from its beginning in 1975 through 1987. Everyone living in all 13 Oxford Houses at that time agreed to cooperate with him. Dr. Spillaine tracked down more than 1,200 former Oxford House residents to learn how many had stayed clean and sober. He found that 80% had stayed clean and sober without relapse.

Spillaine’s report led Congress to include a provision in the 1988 Anti-Drug Abuse Act (§2036 of PL 100-690, codified at 42 USC 300x-25) to encourage states to promote Oxford House development. That small start-up loan provision became the catalyst that helped Oxford House grow from 13 houses in the Washington, DC area to a national network of more than 2,900 houses.

Independent third-party research about Oxford House took off following a 1991 CBS “60 Minutes” segment about Oxford House. Dr. Leonard Jason, head of the DePaul University Community Research Center saw the program and became interested in researching how Oxford Houses worked. His organization has now published more than 200 peer-reviewed articles and studies about Oxford House and its effect on recovery.
from addiction. One of his studies followed 897 residents in 219 Oxford Houses across the country and found that, over a 27-month period, only 13% had returned to active addiction.¹

The November 2016 US Surgeon General’s Report, “Facing Addiction In America,” singled out Oxford House™ as a key program in the continuum of successful treatment for addiction. The Report summarized the evidence-based treatment outcomes as follows:

Outcomes:

- An 87 percent abstinence rate at the end of a 2-year period living in an Oxford House, four to five times greater than typical outcomes following detoxification and treatment.
- Comparisons between a group living in Oxford House and going to AA/NA versus a similar group that only goes to AA/NA show that the group living in an Oxford House had higher and more positive rates of self-efficacy and self-mastery.
- In a comparison study between Oxford House residents and a group that was assigned usual aftercare services, the Oxford House group had significantly lower substance use (31.3 percent vs. 64.8 percent), higher monthly income ($989 vs. $440), and lower incarceration rates (3 percent vs. 9 percent).

In 2011, the Oxford House program was listed as a best practice on the National Registry of Evidence-based Programs and Practices [NREPP] in 2011. The NREPP was a searchable online registry of mental health and substance abuse interventions that had been reviewed and rated by independent reviewers. The purpose of the registry was to assist the public in identifying scientifically-based approaches to preventing and treating mental and/or substance use disorders that could be readily disseminated to the field. The Oxford House Model is the only recovery house concept and system of operation listed on the NREPP.

Research has been key to concluding that living in an Oxford House™ can enable individuals to achieve long-term recovery without relapse. Because ‘recovery without relapse’ is the desired norm, not the exception, every Oxford House resident tries to accept responsibility for being a productive member of his or her Oxford House and also learn to have fun without the use of alcohol or drugs. By developing a new lifestyle, individuals gain confidence that life with using alcohol or illicit drugs is possible. That confidence carries over whenever a resident moves out of an Oxford House clean and sober. It has also produced general acceptance in the addiction treatment field that Oxford House living is an effective path to long-term recovery. The picture above shows a Texas chapter – even during the Covid epidemic – with a rental truck moving furniture to another new Oxford House.

The annual Oxford House National Convention has become a place where experts in the field of addiction discuss the nature of alcoholism, drug addiction and the process of long-term recovery. Every Director of the federal Office of Drug Control Policy has been a speaker at the convention as have other leaders in the field of alcohol and drug addiction.

¹ Addictive Behaviors 32 (2007) 803-818
At the Oxford House 2019 Convention, the first General Session included the following speakers: Dr. William Compton, Deputy Director of NIDA; Dr. Westley Clark, former 20-year Director of CSAT; Dr. Stuart Gitlow, former President ASAM; Dr. Jerome Adams, current Surgeon General, Dr. Joshua Sharfstein, head of Bloomberg Health Initiative at Johns Hopkins, and Professor John Kelly, Ph.D. of Harvard. A video of the session is available on the Oxford House website: www.oxfordhouse.org.

Dr. John Kelly, third from the left, emphasized that alcoholism and illicit drug addiction are chronic diseases and require measurement over time. He used a five-point criteria for measuring the predictability of long-term successful recovery: Quality of Life; Happiness; Recovery Capital; Self-Esteem and Psychological Distress. At the five-year point following the start of recovery, life becomes balanced and continues to get even better. He used the chart below to illustrate his point.

The on-going research underscores the fact that there are many paths to recovery. However, every individual has unique characteristics that require time and a lot of support to bring about change. Dr. Kelly’s five-factor criteria for successful recovery provides the metrics for measuring an individual’s progress toward an increase in quality of life, happiness, recovery capital and self-esteem while having a decrease in psychological distress.

It is becoming increasing clear that the self-help aspects of the Oxford House model provide a common purpose and sturdy support in achieving a comfortable and life-long recovery. The Texas Network of Oxford Houses carries that message across the state.
CONCLUSION

The Oxford Houses of Texas are thriving – despite a difficult period of time during this pandemic. It is a testament to the spirit and fellowship and knowledge of the folks in Texas Oxford Houses that they help each other in strengthening recovery and helping Houses stay on track. An essay – slightly shortened and edited – by a resident of a Texas Oxford House is printed in the box below. It tells of hardship and trials but also speaks of growth and community. That’s what Oxford House living is all about.

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Life in a Texas Oxford House During the 2020 Pandemic

Oxford House Florentine had been open only two months before the World Health Organization declared a global pandemic. … Houses across the country have seen a decline in applicants. Strict quarantine guidelines in place at many facilities previously visited by our members has made spreading awareness of our existence difficult; concerns about communal living in the face of the disease have dampened our appeal; and the general atmosphere of upheaval makes the individual addict or alcoholic less likely to seek treatment.

Oxford House Florentine residents felt the effects of this trend firsthand as they struggled through most of the summer months at half capacity or lower. In late July, after the loss of the second founding member, the three remaining residents decided to fight for their home despite what seemed like impossible odds. In their personal recovery they had learned to reach out for help, and they applied that principle by reaching out to their chapter. With that guidance and support, they made difficult decisions to raise their own rent and sacrifice their own amenities to keep their doors open.

The women of Oxford House Florentine, exhausted but resilient, had just begun their reconstruction efforts when one of their residents tested positive. With an outpouring of support from all over the region, this challenge too was met with great success, and the virus was not spread to a single person in the house or community.

August and September have been months of healing and growth and prosperity for Oxford House Florentine. Still in the midst of a pandemic, the house is almost full and the bank account is healthy. The hard-won experience of Oxford House Florentine's now senior members is the solid foundation of a home that promises to provide a safe, stable, sober environment for recovering addicts and their children for years to come.

Treyce Hodges – Resident, Oxford House Florentine

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Kudos to all of the Texas Oxford House residents, alumni and Outreach workers who are keeping the network strong and helping each other sustain a lasting recovery without relapse!

Keep up the good work! Wear a mask, wash your hands, keep socially-distanced, learn Zoom, attend meetings, follow the Steps and get the vaccine when it is available to you.

We’re looking forward to seeing a large Texas contingent at the annual Oxford House convention in 2021. See you there.
Oxford House - Erie
3140 Delaford Drive
Carrolton, TX 75007
7 W • Established February 1, 1998

Oxford House - Beacon Hill
738 Clower Street
San Antonio, TX 78212
7 M • Established February 1, 1998

Oxford House - Mistletoe
1130 W. Mistletoe Avenue
San Antonio, TX 78201
8 M • Established November 1, 1994

Oxford House - Yorkwood
9314 Autauga Dr
Houston, TX 77080
7 W/C • Established March 15, 2007

Oxford House - Amethyst
11906 Oak Highland Dr.
Dallas, TX 75243
8 W • Established January 1, 2015

Oxford House - Magnolia Heights
1405 San Antonio Street
Tyler, TX 75701
7 W • Established November 1, 2017
## Attachment A: Prior Treatment Providers

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<td></td>
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<td>3302 Laguna Dr, Austin, TX 78741</td>
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<td>Parkdale</td>
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<td>214-954-7143</td>
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<td>Cloister</td>
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Middle Way
17912 Hillcrest Road
Dallas, TX  75252
214-484-9541
8 / W
Oxford House since 12/12/2015

San Paula
2811 San Paula Ave.
Dallas, TX  75228
469-726-2777
9 / M
Oxford House since 5/2/2017

Denton
629 East Prairie Street
Denton, TX  76205
(940) 808-1558
7 / M
Oxford House since 1/4/2015

Middle Way
17912 Hillcrest Road
Dallas, TX  75252
214-484-9541
8 / W
Oxford House since 12/12/2015

San Paula
2811 San Paula Ave.
Dallas, TX  75228
469-726-2777
9 / M
Oxford House since 5/2/2017

Denton
629 East Prairie Street
Denton, TX  76205
(940) 808-1558
7 / M
Oxford House since 1/4/2015

Moreland
4607-4609 Gaston Ave
Dallas, TX  75246
972-850-9857
9 / W
Oxford House since 12/15/2016

Sandelwood
10807 Sandalwood Drive
Dallas, TX  75228
469-779-7023
7 / W
Oxford House since 9/1/2018

McCormick
1613 McCormick St.
Denton, TX  76205
940-218-6505
6 / M
Oxford House since 5/15/2016

Moreland
4607-4609 Gaston Ave
Dallas, TX  75246
972-850-9857
9 / W
Oxford House since 12/15/2016

Sandelwood
10807 Sandalwood Drive
Dallas, TX  75228
469-779-7023
7 / W
Oxford House since 9/1/2018

McCormick
1613 McCormick St.
Denton, TX  76205
940-218-6505
6 / M
Oxford House since 5/15/2016

North Park
3624 Coral Gables Drive
Dallas, TX  75229-2619
214-750-1440
8 / M
Oxford House since 8/1/1991

Santa Garza
3122 San Paula Ave
Dallas, TX  75228
214-484-6197
8 / W
Oxford House since 10/15/2019

Cliffside
1 Cliffside Dr
Edgecliff Village, TX  76134-2544
817-782-9947
7 / M
Oxford House since 12/1/2013

North Park
3624 Coral Gables Drive
Dallas, TX  75229-2619
214-750-1440
8 / M
Oxford House since 8/1/1991

Santa Garza
3122 San Paula Ave
Dallas, TX  75228
214-484-6197
8 / W
Oxford House since 10/15/2019

Cliffside
1 Cliffside Dr
Edgecliff Village, TX  76134-2544
817-782-9947
7 / M
Oxford House since 12/1/2013

Oak Ridge
11331 Glen Cross Dr.
Dallas, TX  75228
469-304-1576
8 / W
Oxford House since 3/1/2014

Silverthorne
2516 Silverthorne Dr.
Dallas, TX  75228
469-892-6750
8 / W
Oxford House since 12/1/2016

Cliffside
1 Cliffside Dr
Edgecliff Village, TX  76134-2544
817-782-9947
7 / M
Oxford House since 12/1/2013

Oak Ridge
11331 Glen Cross Dr.
Dallas, TX  75228
469-304-1576
8 / W
Oxford House since 3/1/2014

Silverthorne
2516 Silverthorne Dr.
Dallas, TX  75228
469-892-6750
8 / W
Oxford House since 12/1/2016

Cliffside
1 Cliffside Dr
Edgecliff Village, TX  76134-2544
817-782-9947
7 / M
Oxford House since 12/1/2013

Odette
11031 Odette Ave
Dallas, TX  75228-2315
214-377-9675
10 / W
Oxford House since 10/1/2013

Taylor
11340 Dumbarton Dr
Dallas, TX  75228
972-925-9204
8 / WC
Oxford House since 5/20/2017

Bennett Ridge
7401 Vanessa Dr.
Fort Worth, TX  76112
682-301-3114
9 / M
Oxford House since 4/1/2020

Odette
11031 Odette Ave
Dallas, TX  75228-2315
214-377-9675
10 / W
Oxford House since 10/1/2013

Taylor
11340 Dumbarton Dr
Dallas, TX  75228
972-925-9204
8 / WC
Oxford House since 5/20/2017

Bennett Ridge
7401 Vanessa Dr.
Fort Worth, TX  76112
682-301-3114
9 / M
Oxford House since 4/1/2020

Rambling
3047 Rambling Dr
Dallas, TX  75228-5155
469-382-1512
7 / M
Oxford House since 11/1/2012

Truxillo
11023 Odette Ave
Dallas, TX  75228-2315
972-677-7341
7 / W
Oxford House since 11/15/2013

Cactus Patch
8413 Cactus Patch Way
Fort Worth, TX  76131
817-703-1810
7 / M
Oxford House since 1/15/2019

Rambling
3047 Rambling Dr
Dallas, TX  75228-5155
469-382-1512
7 / M
Oxford House since 11/1/2012

Truxillo
11023 Odette Ave
Dallas, TX  75228-2315
972-677-7341
7 / W
Oxford House since 11/15/2013

Cactus Patch
8413 Cactus Patch Way
Fort Worth, TX  76131
817-703-1810
7 / M
Oxford House since 1/15/2019

Rayburn
3717 Sam Rayburn Trail
Dallas, TX  75287
972-891-1945
11 / M
Oxford House since 9/1/2019

White Rock
8453 Banquito Rd
Dallas, TX  75228
214-647-1392
8 / W
Oxford House since 6/10/2016

Cortez North
3221 Cortez Drive
Fort Worth, TX  76116-4947
817-945-1360
8 / M
Oxford House since 1/4/2013

Rayburn
3717 Sam Rayburn Trail
Dallas, TX  75287
972-891-1945
11 / M
Oxford House since 9/1/2019

White Rock
8453 Banquito Rd
Dallas, TX  75228
214-647-1392
8 / W
Oxford House since 6/10/2016

Cortez North
3221 Cortez Drive
Fort Worth, TX  76116-4947
817-945-1360
8 / M
Oxford House since 1/4/2013

Ridgefrost
11015 Ridgefrost Circle
Dallas, TX  75288
972-685-3551
9 / WC
Oxford House since 5/24/2018

Woodstone
7963 Woodstone Ln
Dallas, TX  75248
972-707-0064
8 / M
Oxford House since 6/10/2016

Downey
1704 Downey Dr.
Fort Worth, TX  76112
682-301-3518
8 / W
Oxford House since 5/28/2016

Lake Worth
4624 Saint Thomas St.
Fort Worth, TX  76135
817-720-6884
7 / M
Oxford House since 7/1/2018

Ridgefrost
11015 Ridgefrost Circle
Dallas, TX  75288
972-685-3551
9 / WC
Oxford House since 5/24/2018

Woodstone
7963 Woodstone Ln
Dallas, TX  75248
972-707-0064
8 / M
Oxford House since 6/10/2016

Downey
1704 Downey Dr.
Fort Worth, TX  76112
682-301-3518
8 / W
Oxford House since 5/28/2016

Lake Worth
4624 Saint Thomas St.
Fort Worth, TX  76135
817-720-6884
7 / M
Oxford House since 7/1/2018
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<th>Address</th>
<th>City</th>
<th>State</th>
<th>Zip Code</th>
<th>Phone</th>
<th>Gender</th>
<th>Move-In Date</th>
<th>Oxford House Date</th>
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<td>76133</td>
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<td>817-744-7321</td>
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<td>75044</td>
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<td>Pine Tree</td>
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<td>Oakland Brook</td>
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<td>Yorkwood</td>
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<td>Faith Park</td>
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<td>Hurst</td>
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<td>Shelly Marie</td>
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<td>TX</td>
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<td>TX</td>
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<td>TX</td>
<td>806-368-9513</td>
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<td>2418 E. 21st St.</td>
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<td>TX</td>
<td>432-272-0274</td>
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**Locations:**
- London Park
- Ludington
- Martin
- University Row
- Pine Tree
- Martin
- Oakfield
- Yorkwood
- Faith Park
- Shalva
- Hurst
- Shelly Marie
- Irving
- Hillcrest Oaks
- Mahon Park
- Salmson Branch
- Mockingbird
- Preston Park
- True
- Salem Trail
- Toledo Bend
- Woodpine

**Cities:**
- Houston
- Longview
- Lubbock
- Irving
- Dallas
- Odessa
- New Braunfels

**States:**
- Texas
- New Braunfels

**Contact Information:**
- Phone numbers and gender details provided for each location.

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**Admission Information:**
- Dates range from 11/10/2017 to 12/1/2020 for various locations.
- Locations include Oxford House sites from different cities across Texas.
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<td>Cripe</td>
<td>403 Fieldwood Dr Richardson, TX 75081-5533</td>
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<td>Excalibur</td>
<td>2803 Belvoir Dr</td>
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<td>Guilbeau</td>
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<td>Ourson</td>
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<td>Candor</td>
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<td>Excelsior</td>
<td>518 Paschal St.</td>
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<td>Invicta</td>
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<td>Redencion</td>
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San Pedro  
118 Maplewood Lane  
San Antonio, TX 78216  
210-314-1153  
7 / MC  
Oxford House since 6/8/2015

Willowleaf  
113 N. Moss St  
Seguin, TX 78155  
830-433-4767  
7 / M  
Oxford House since 11/15/2019

Tyler  
2707/2703 Willard Lane  
Tyler, TX 75707  
903-630-6377  
8 / M  
Oxford House since 1/1/2016

Spring Creek  
5435 Friesenhahn Ct.  
San Antonio, TX 78247  
210-463-9992  
7 / W  
Oxford House since 2/1/2018

North Heritage  
514 Stewart Lane  
Sherman, TX 75092  
903-771-0847  
9 / WC  
Oxford House since 1/1/2019

Waco  
Lake Haven  
5601 Caldwell St.  
Waco, TX 76710  
254-300-5267  
8 / M  
Oxford House since 11/1/2019

Summertime  
122 Summertime Dr.  
San Antonio, TX 78216  
210-647-6673  
7 / W  
Oxford House since 7/1/2016

Sherman  
3608 W. Houston Street  
Sherman, TX 75092  
903-771-4497  
10 / M  
Oxford House since 4/1/2018

103 HOUSES FOR WOMEN

Sunflower II  
9018 Timber Laurel  
San Antonio, TX 78250  
210-776-1905  
8 / WC  
Oxford House since 1/15/2020

Foxglove  
2806 Navaho Trl  
Tyler, TX 75707  
903-630-5476  
7 / M  
Oxford House since 6/1/2018

176 HOUSES FOR MEN

Sutters Rim  
1002 Sutters Rim  
San Antonio, TX 78258-2906  
210-437-0061  
9 / WC  
Oxford House since 2/15/2014

Hollybrook  
6137 Mesquite Dr  
Tyler, TX 75707  
903-630-5626  
6 / M  
Oxford House since 9/1/2018

Virtue  
1200 Ashleman St  
Waco, TX 76705-2559  
254-294-8803  
7 / M  
Oxford House since 12/1/2013

Valor  
863 Lee Hall  
San Antonio, TX 78212  
210-481-8874  
9 / M  
Oxford House since 11/1/2017

Magnolia Heights  
1405 San Antonio Street  
Tyler, TX 75701  
903-630-6931  
7 / W  
Oxford House since 11/1/2017

Watauga  
Coronet  
6909 Quail Meadow Drive  
Watauga, TX 76148  
817-479-7679  
7 / M  
Oxford House since 6/1/2014

Wood Oak  
5642 Wood Oak Street  
San Antonio, TX 78233-5037  
210-455-3962  
7 / M  
Oxford House since 11/30/2010

Marilyn  
2814 Marilyn Dr.  
Tyler, TX 75701  
903-630-5804  
8 / WC  
Oxford House since 2/1/2019

Wichita Falls  
Big Bend  
4905 Big Bend Dr.  
Wichita Falls, TX 76310  
940-386-2361  
8 / M  
Oxford House since 11/28/2017

Seguin  
Montclair Street  
1824 Montclair Street  
Seguin, TX 78155  
830-549-5555  
12 / M  
Oxford House since 2/15/2018

Rolling Hills  
1826 Yosemite Dr.  
Tyler, TX 75703  
903-944-7954  
6 / W  
Oxford House since 2/15/2018

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- Providing Technical Assistance to Establish New Oxford Houses
- Providing Technical Assistance to Keep Existing Oxford Houses on Track
- Providing Organization of Chapters to Help Oxford Houses to Help Themselves
- Providing the Time, Living Environment and Support to Enable Alcoholics and Drug Addicts to Achieve Recovery Without Relapse
- Providing the Legal, Philosophical, and Scientific Framework for a Cost-effective, Worldwide Network of Supportive Recovery Housing.

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1010 Wayne Avenue, Suite 300
Silver Spring, Maryland 20910

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