

Oxford House 2016 Profile Series

An Evaluation of the NJ Network of Oxford Houses

New Jersey



Oxford House –Providing Time, Support and Confidence for Long-Term Recovery

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About Oxford House, Inc.

Oxford House, Inc. is the Delaware nonprofit, 501(c)(3) corporation that serves as the umbrella organization of the worldwide network of more than 2,100 individual Oxford Houses. Its central office is at 1010 Wayne Avenue, Suite 300, Silver Spring, Maryland 20910.

Oxford House™ is a concept and system of operations based on the experience of recovering alcoholics and drug addicts who learned that behavior change is essential to recovery from alcoholism and drug addiction. They also learned that Oxford House provided the living environment that could help them become comfortable enough with abstinent behavior to stay clean and sober without relapse.

The Oxford House Manual® is the basic blueprint that provides the organization and structure that permit groups of recovering individuals to successfully live together in a supportive environment. All Oxford Houses are rented ordinary single-family houses in good neighborhoods. There are Oxford Houses for men and Oxford Houses for women but there are no co-ed houses. The average number of residents per house nationally is about 8 with a range per house of 6 to 16.

Oxford Houses work because they: (1) have no time limit for how long a resident can live in an Oxford House, (2) follow a democratic system of operation, (3) utilize self-support to pay all the household expenses, and (4) adhere to the absolute requirement that any resident who returns to using alcohol or drugs must be immediately expelled. Oxford House provides the missing elements needed by most alcoholics and drug addicts to develop behavior to assure total abstinence. It provides the time, peer support and structured living environment necessary for long-term behavior change to take hold.

Individuals living in an Oxford House learn or relearn values, responsible behavior and, slowly but surely, develop long-term behavior to assure comfortable sobriety – forever. Some individuals live in Oxford Houses a few months, others for many years. By using participatory democracy and self-support, alcoholics, drug addicts and those with co-occurring mental illness develop long-term recovery.

After 41 years of steady growth and successful recovery outcomes, Oxford House™ is the most cost-effective way to support long-term recovery from alcoholism, drug addiction and co-occurring mental illness. The network of 140 Oxford Houses in 21 of the 23 New Jersey counties confirms its effectiveness and this evaluation should motivate everyone to establish more Oxford Houses in the state.

Oxford House is listed as a best practice on the National Registry of Evidence-based Practices and Procedures. [NREPP] and is singled out as an effective tool for long-term recovery in the November 2016 U.S. Surgeon General's Report on Facing Addiction.

Silver Spring, Maryland

January 30, 2017

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2016 Oxford House Profile New Jersey Oxford House Fall Survey Results

The resident profile is derived from 393 confidential responses submitted by residents of New Jersey Oxford Houses. The survey was completed by 81% of the residents given it.			
Total Number of Oxford Houses:	140	Total Number of Recovery Beds	1,128
Average cost Per Person Per Week for Rent and Household Expenses [Range \$100 to \$157]	\$140	Rent Per Group Per Month [average]: [Range \$750-\$3200]	\$2,550
Average Age:	32.2 Yrs.	Average length of current sobriety	14.0 mos.
Percent Military Veterans	4%	Average Years of Education	12.5 yrs.
Residents Employed 9/30/2016	87.5%	Average Monthly Earnings:	\$2,216
Percent Addicted To Both Alcohol & Drugs:	68.2%	Percent Addicted Only to Alcohol:	31.8%
Race -		Marital Status -	
White	85.7%	Never Married	77.1%
Black	6.1%	Separated	4.6%
Latino	5.3%	Divorced	11.9%
Other	2.8%	Married	2.8%
		Widowed	0.8%
Prior Homelessness:	54.4%	Average Time Homeless:	2.2 Mos.
Currently in Drug Court Program	16.5%	Currently on Parole or Probation*	15.1%
Prior Jail:	62.4%	Average Jail Time:	19.1 Mos.
Average AA or NA Meetings Attended Per Week:	4.3 Times	Median Jail Time	6 Mos.
Percent Going To weekly Counseling in addition to AA or NA:	27.6%	Residents Expelled Because of Relapse:	28%
Average Length of Stay In An Oxford House:	11 Mos.	Average Number of Applicants For Each Vacant Bed:	4.0
<p>* There is some overlap between drug court participants and parole and probation but about half of drug court residents did not indicate "parole or probation" and about a third of those indicating "parole or probation" were not current drug court participants.</p>			

Oxford Houses In New Jersey

Oxford House™ is a concept and system of self-run, self-supported recovery homes. Oxford House, Inc. [OHI] is the nonprofit umbrella organization for all Oxford Houses. Nationally, as Oxford House begins its 42nd year, there are 2,125 individual Oxford Houses with a total of 16,770 beds. While the average number of residents per house is 8, the range of the number of residents per house is 6 to 16. The average number of residents per house for the 140 Oxford Houses in New Jersey is 8.1.

When the 13 halfway house residents started the first Oxford House in Silver Spring, Maryland in 1975, eleven were alcoholics and two were addicted to alcohol and other drugs [primarily heroin]. In the current survey of New Jersey Oxford House residents, 68.2% were addicted to drugs in addition to alcohol and 31.8% were addicted to just alcohol.

In November 2016, 383 residents in about a third the New Jersey Oxford Houses completed a survey questionnaire. The survey asked how many Alcoholics Anonymous [AA] and/or Narcotics Anonymous meetings the resident attended each week. In general, recovering individuals attended a couple of AA or NA meetings a week. However, the average NJ Oxford House resident attends 4.3 meetings a week or over twice as many as the average 12-step meeting member attends even though there is no Oxford House requirement to do so.¹ Table 1 below compares weekly 12-Step meeting attendance among Oxford House residents in NJ with residents in six other states.

Table 1 – Number of Twelve Step Meetings Each Week Among Oxford House Residents in Seven States

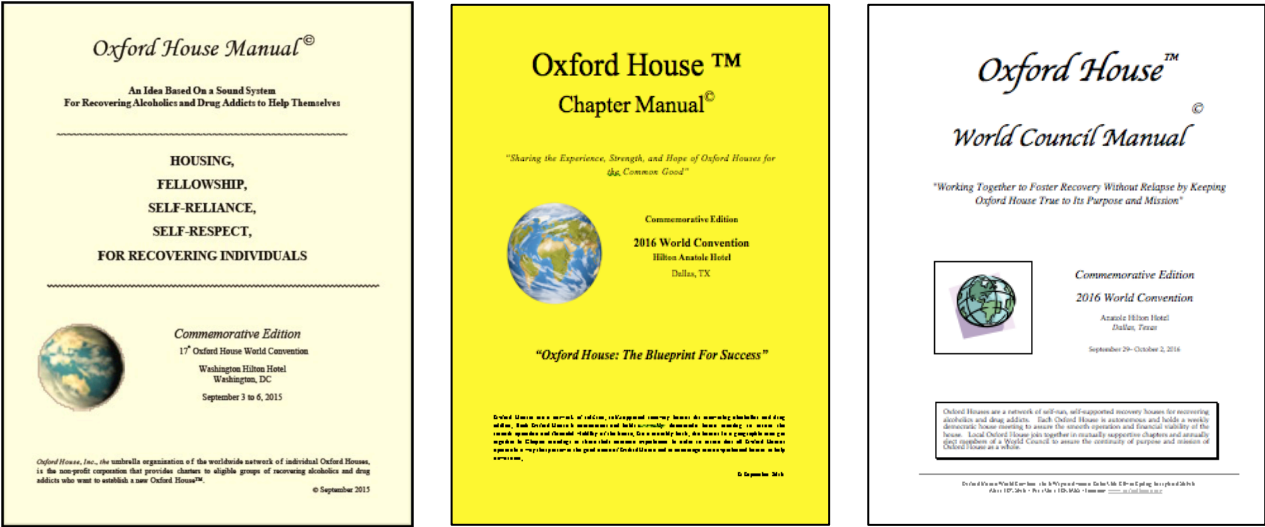
	NJ	TN	TX	VA	LA	NC	DE
Number of 12-Step Meeting Attended each week	4.3	4.6	4.5	5.2	4.3	5.2	4.8

Attendance at 12-Step Meetings [AA/NA] is a good indicator of how seriously an individual is pursuing long-term recovery from alcoholism, drug addiction and co-occurring mental illness. In addition to voluntary attendance at AA and/or NA, 27.6 percent of the respondents also visited a counselor or outpatient treatment program once a week. Both activities are indicative of seriousness in working to change behavior from being actively addicted to behavior conducive for long-term recovery without relapse.

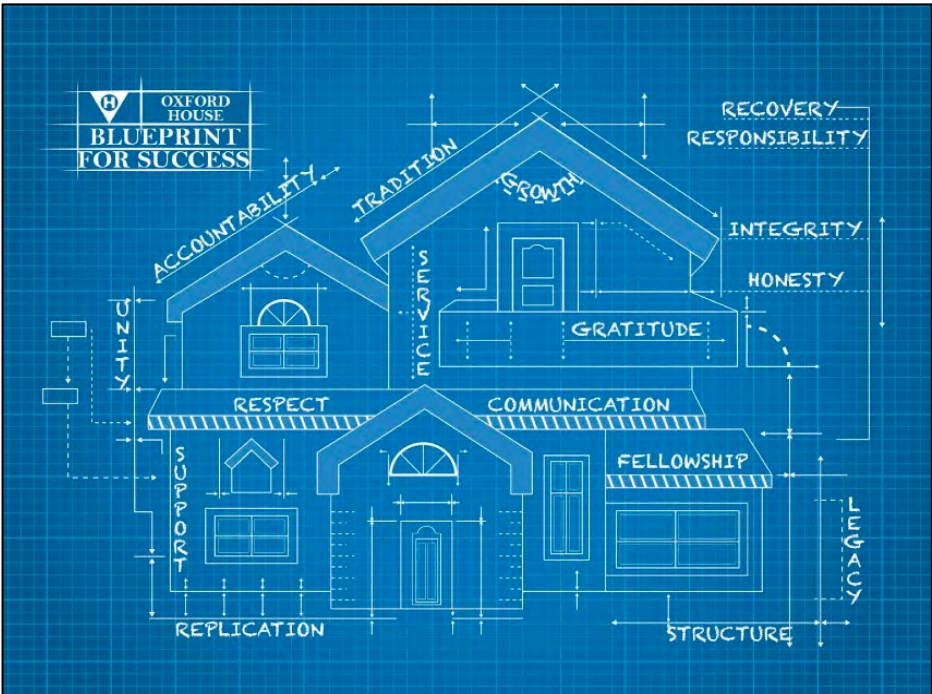
Every individual achieves long-term recovery at a different pace. Few addicts experience a quick transformation. Therefore, one unique benefit about Oxford House living is the fact that there is no time limit on residency. Because all Oxford Houses are established using rented single-family houses it is possible to expand capacity to meet demand that exceeds supply of recovery beds. This fact alone permits residents to live in an Oxford House for as long as they remain clean and sober and pay their equal share of household expenses. The average length of residency is about 12 months but in New Jersey as throughout the country some residents will live in an Oxford House for years.

¹ Alcoholics Anonymous [AA] annually conducts surveys on weekly meeting attendance. The average 12-Step attendee goes to an average of just 2 meeting a week.

Every Oxford House follows a standardized process that is defined in standardized time-tested copyrighted manuals of operation:



Each Oxford House™ uses the standardized process of democratic operation and holds a weekly business meeting that follows parliamentary procedures and protects individual rights and responsibilities. In the time-tested process of democratic operations, the recovering individuals live together in an environment identical to a well functioning family and positively influences individual behavior.



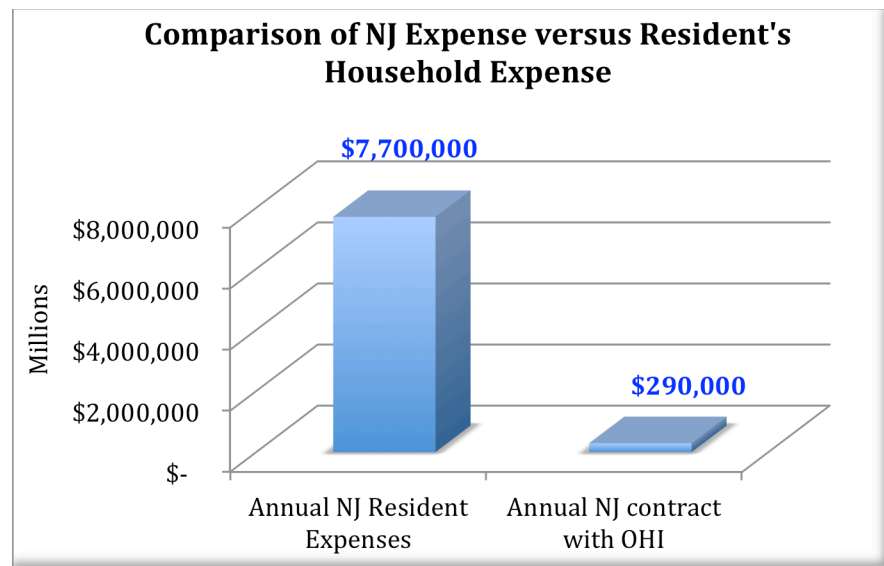
Over its 42-year old history, the “Oxford House Blueprint for Success” pictured above has evolved. The values illustrated in the “Oxford House Blueprint for Success” are basic healthy personal values. In some cases individuals are re-learning basic values they had before

becoming addicted; in other cases they are learning the values for the first time. In all cases, the democratic process and system of operation promotes self-confidence and demonstrates that it is possible to live a productive, happy life without the use of alcohol or illicit drugs.

A story of how Oxford House development began in the State of New Jersey was published in the *Washington Post Magazine* November 12, 1989. [Downloadable at www.oxfordhouse.org by clicking on “*The Oxford House Experiment: Washington Post Magazine*” at the left side of the web homepage]. That article, written by Washington Post writer Peter Carlson, describes the first venture of Oxford House into the State of New Jersey. The resulting partnership between the state and OHI has resulted in the existing statewide network of 140 Oxford Houses. In the last 12 months, more than 2,000 recovering individuals have lived in the New Jersey Oxford Houses. Since the first NJ Oxford House began in 1990, more than 50,000 individuals have lived in the New Jersey Network of Oxford Houses. For most residents, recovery without relapse has become the norm – not the exception. Today, there are Oxford Houses in 21 of the 23 counties within the State of New Jersey.

Oxford House residents themselves support the program with minimal support from the state. During fiscal year 2016, the state’s contract with OHI was approximately \$290,000 or \$260 for each Oxford House bed in the State of New Jersey. During the fiscal year, 13 new Oxford Houses were started in the state adding 114 additional beds to the statewide network. At the same time, individuals living in the statewide network of 140 Oxford Houses [1,128 beds] were paying all their own household expenses including utilities and rent.

During 2016, residents paid an average of \$140 a week to live in an Oxford House™. In total residents paid \$7,700,940 to cover the expense of the NJ network of 140 Oxford Houses. The New Jersey Oxford House residents are mastering long-term recovery by living together in an environment proven to support their long-term recovery and paying for it themselves. Few



programs are as cost-effective as the establishment of self-run and self-supported Oxford Houses. But for living in an Oxford House, most of the residents would have been homeless or in jail. The economic benefit to the state from NJ Oxford House residents is much more because most residents are employed and earn significant income.

On average, the monthly income of NJ Oxford House residents is \$2,216 a month or \$26,592 a

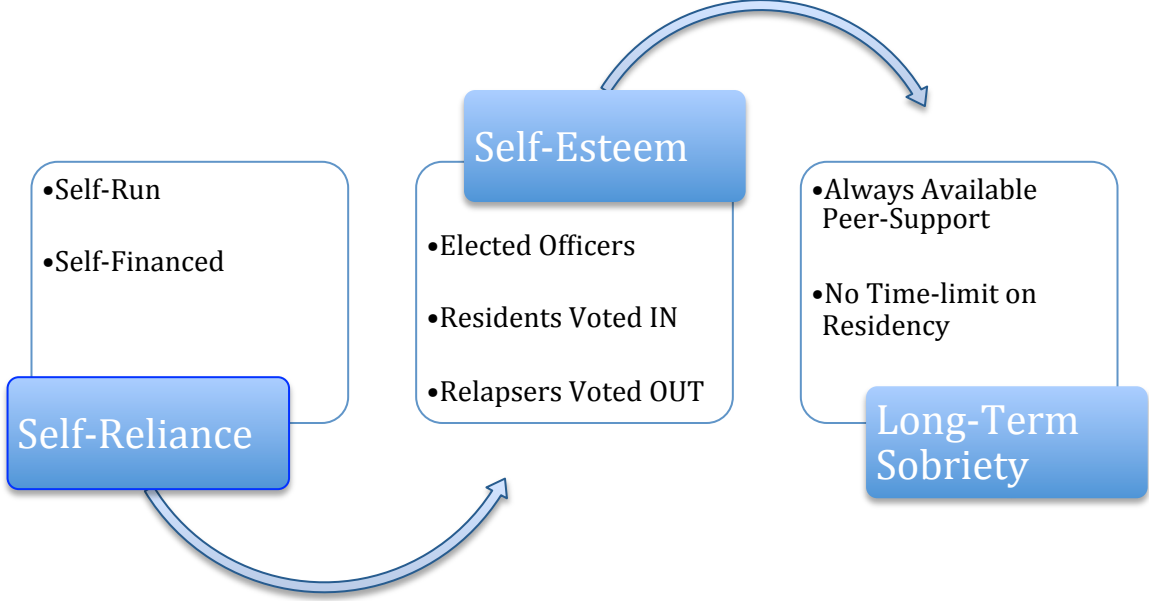
year. The aggregate earnings are about \$29,000,000 adding money to the New Jersey economy and adding about \$4,500,000 in payroll tax [FICA including combined employee and employer share]. An additional economic benefit of the program arises from the fact that each of the 140 Oxford Houses is a rental property. Local real estate taxes are paid and local landlords gain taxable income.

This profile of NJ Oxford Houses does not attempt any cost comparisons with other taxpayer-supported programs in the state. It should be noted, however, that jail time or other incarceration programs tend to cost much more because of staff and paid supervision.²

The reasonable cost for Oxford House™ is directly related to the self-run, self-support concept and system of operations. The following diagram illustrates how Oxford House living enhances the process of changing behavior from active addiction to long-term continuous recovery.

Oxford House™

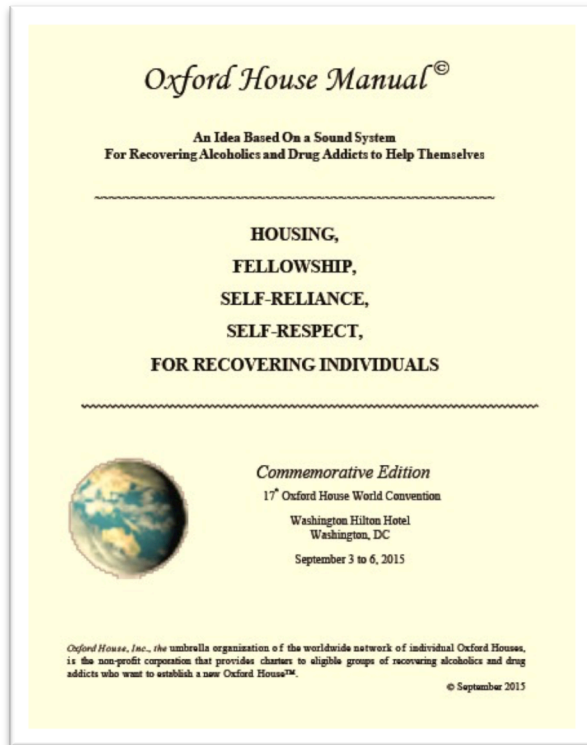
Unique • Evidenced-based • Time-tested



When Oxford House™ came to New Jersey more than 25 years ago it did so in an organized and structure way. The partnership between the state and OHI has benefited more than 50,000 individuals and successful long-term recovery has benefitted the state. The concept and system of operation continues year after year. Because the houses are grouped into mutually supportive chapters, individual houses are kept on track with occasional workshops to educate new residents about the system of democratic operation and financial self-support.

² In June 2012 the New York Times ran a series about private alternatives to incarcerations that had a cost of about \$39,000 per person per year. Oxford House living is a possible and less costly alternative. As noted above, the cost for an Oxford House bed amounted to about \$241 per person per year.

In the last twelve months more than 2,300 individuals lived in the New Jersey Network of 140 Oxford Houses.³ While living in the Oxford Houses they followed a disciplined system of operations as described below. Their behavior followed the practices and precepts of an American community wedded to majoritarian democracy having safeguards to protect individual rights.



The self-run, self-supported nature of Oxford House™ is not a haphazard system of operation. It is spelled out in detail in the time-tested Oxford House Manual[®]. Each group must include at least six individuals of the same gender.⁴ Each group must obtain a federal tax identification number and open a checking account

- House Officers**
- President
 - Secretary
 - Treasurer
 - Comptroller
 - Chore

for the particular group. Each group must elect five officers needed to implement the standardized, democratic system of operation. Each group must have a weekly business meeting in the house and follow the three conditions of the Oxford House Charter: [1] the democratic system spelled out in the Oxford House Manual[®]; [2] be financially self-supporting; and [3] immediately expel any resident who returns to using alcohol or illicit

drugs. Most houses also join together to form a chapter of six to twelve individual houses. The chapter provides a mechanism for houses to help each other to stay on track and to plan social events and workshops to better learn about recovery and the good times that can be had without using alcohol or illicit drugs.

The network of 140 Oxford Houses in New Jersey has fifteen chapters and the officers from various houses in the particular chapter meet once a month. Each chapter elects officers to carry out the processes and procedures set forth in the Oxford House Chapter Manual[®]. Once a year, the state chapters sponsor a statewide workshop or convention to review the nuts and bolts of the self-run, self-supported principles underlying the Oxford House concept, evaluate the where new houses are needed and to broaden contacts among all New Jersey Oxford House residents and alumni.

About 18% [65 of 383 competing the survey] of New Jersey Oxford House residents are active

³ Nationally in the last 12 months over 35,000 have lived in the network more than 2,100 Oxford Houses throughout the country.

⁴ There are Oxford Houses for men; women; or men or women with children. There are no co-ed houses because such experiments with co-ed houses have shown that such homes tend to develop small subgroups that interfere with the sense of community that helps same gender houses succeed.

in a drug court program. Their presiding judge told them to apply to an Oxford House. If they were not accepted at the first house they applied to, they were expected to apply to another Oxford House in the area. Most eventually got accepted into an Oxford House. Most stayed clean and sober and successfully satisfied the conditions of their drug court participation. If they relapse they are expelled from the Oxford House, the drug court is notified and it takes whatever additional steps and sanctions required. Following an expulsion from an Oxford House many got back on track, applied to another house, got accepted and did well. All residents who do not relapse, including drug court participants, successfully master the behavior change needed to assure long-term recovery without relapse.

General Characteristics and Views of NJ Oxford House Residents

Alcoholism, drug addiction and co-occurring mental illness are egalitarian diseases but each produces abnormal behavior as illustrated below.

Jail Time

About two-thirds [63%] of the surveyed NJ Oxford House residents [238 of 383] have done jail time averaging 1.6 years [576 days] with a range of time from 1 day to 30 years. The median length of time is 356 days – a little less than a year. As shown in Table 2 this is a little lower percentage than those living in Oxford Houses in other states, but not statistically significant.

Table 2 – Prior Incarceration Among Oxford House Residents in Seven States

	NJ	TN	TX	VA	LA	NC	DE
% With Jail Time	62.4%	86.6%	83.0%	78.5%	90.2%	78.5%	69.7%
Average Length	19.2 Mos.	15.9 Mos.	13.7 Mos.	23.0 Mos.	16.0 Mos.	23.0 Mos.	12.5 Mos.
Median	6.0 Mos.	5.5 Mos.	2.0 Mos.	12.0 Mos.	4.0 Mos.	12.0 Mos.	8.0 Mos.

Around 15% [58] of NJ Oxford House residents surveyed are on probation or parole. For those on probation or parole, the relationship of supervision is solely between the individual and his or her parole/probation office, but if the individual is expelled from the house or moves it is incumbent on the house officers to notify the appropriate authority. There is some overlap between those on parole and probation and those currently in drug court programs [65] but 30 of the drug court participants did not indicate parole or probation beyond drug court participation.

Age, Education, and Race

In each of the New Jersey Oxford Houses, the egalitarian nature of alcoholism, drug addiction and co-occurring mental illness helps form a common bond that molds the residents into a unified household despite other differences.⁵ For example, educational attainment among New Jersey Oxford House residents ranges from 4 years to 21 years [average: 12.48 years; median: 12]. The average age among NJ residents is 32.2 years but ranges from age 18 to age 71 with a median age of 29. Income among the residents in the survey averaged \$2,216 per month [median \$2,000] with a range of \$300 to \$5,400 per month. Some have characterized Oxford

⁵ Nationally there were 2,109 Oxford Houses as of December 5, 2016 having a total of 16,657 beds. All residents of Oxford Houses have similar characteristics to those among NJ Oxford House residents. All are tied together with the common bond of past addiction and the standardized Oxford House system of operations.

Houses residents as a mixture of “has-beens” and “never-weres” based on their backgrounds and characteristics. However, the resident’s common background of addiction and the common goal of long-term recovery meld their educational and economic differences into creating a unified community. As Table 3 shows this egalitarian nature of addiction by comparing age, race, and educational attainment. Notice the similarity among residents irrespective of location.

Table 3 – Age, Race and Educational Level Among Oxford House Residents in Seven States

	NJ	TN	TX	VA	LA	NC	DE
Average Age [Years]	32.2	36.6	36.4	41.5	36.7	44.4	38.7
White	85.7%	89.7%	79.0%	74.6%	89.6%	65.7%	75.2%
Black	6.1%	9.5%	7.0%	19.5%	7.1%	30.6%	21.6%
Other	8.1%	.7%	14.0%	4.3%	3.3%	3.7%	3.3%
Average Educational Attainment [Years]	12.5	12.6	13.3	13.3	12.6	12.9	12.4

The egalitarian nature of addiction is probably one of the reasons that Oxford House during its 42 years of existence has never had a racial problem. The common experience of addiction coupled with the common goal of achieving long-term recovery is a powerful reinforcement of the concept that all men or women are equal. In each state, the ages range from 18 years old to those in their seventies. The average age of the NJ Oxford House residents is lower than in other states [average 32.2 years; median 29.0 years]. The age difference is significant when compared to Virginia, North Carolina and Delaware but not significantly different from the average age of residents in Tennessee, Texas or Louisiana.

Texas, Virginia and North Carolina have a slightly higher level of education attainment in part because college towns in those states tend to have significant clusters of Oxford Houses. Likewise house location has an impact on racial composition of the houses. For example, according to US Census New Jersey has a Black population of 14% but the percentage of Blacks living in NJ Oxford Houses is only 6.1%. This is, in part, because of the location of Oxford Houses. Greater effort will be made to develop houses in Newark, Trenton and other areas with a greater concentration of Black residents. The network of NJ Oxford Houses already works closely with Integrity House [36 of the 383 participants in this survey came to Oxford Houses from Integrity House facilities]. By working more closely with Integrity House a greater number of Oxford Houses can be established in areas of Northern New Jersey that will better serve recovering individuals.

Marital Status

Table 4 – Marital Status Among Oxford House Residents in Seven States

	NJ	TN	TX	VA	LA	NC	DE
Never Married	77.1%	54.8%	60%	58.2%	53.2%	50.9%	58.2%
Divorced	11.9%	28.1%	27%	25.9%	31.9%	29.2%	27.5%
Separated	4.6%	9.6%	8%	10.5%	9.1%	13.4%	9.8%
Married	2.8%	2.9%	5%	4.1%	5.6%	4.1%	3.3%
Widowed	0.1%	4.4%	0%	1.3%	1.5%	1.3%	1.3%

Last Formal Treatment Facility No.

Advanced Health & Education	28
Alina Lodge	1
Ambrosia	5
Angel Hope	2
APR	1
ATSI	3
Behavioral Health	3
Bergen Regional	6
Caron Foundation	3
Carrier Clinic	3
Crawford	6
Cura	4
Damon House	1
Destination Hope	1
Discovery House	10
Drug Court	1
Eva's Recovery Village	4
Endeavor	26
Enlightened Solutions	6
First Step	1
Footprints to Recovery	2
Hampton Hospital	2
Hanson House	10
Humble Beginnings	3
Integrity House	36
Jail/Prison	6
John Brooks	9
Kintoc 3	1
Lakeland	2
Liberation Way	1
Lighthouse	9
Malvern Willow Grove	2
Market St Mission	1
Maryville	11
Mrs. Wilson's Halfway House	1
New Hope	42
Park Bench	5
Phillip House	3
Princeton House	4
Rescue Mission	4
Road to Recovery	1
Salvation Army	9
Seabrook	15
Spring House	5
Straight and Narrow	4
Summit Oaks Hosp	7
Sunrise	8
Turning Point	14
TOTAL	332

In all states, most Oxford House residents have never been married. The percentage of unmarried individuals in NJ Oxford Houses is significantly higher than in the other six states in part because of a younger average and median age. “Treatment” for alcoholism, drug addiction and co-occurring mental illness usually involves four distinct phases: [1] intervention (taking the steps needed to convince the addicted individual to begin the treatment process), [2] physical detoxification (forced deprivation of alcohol or other drugs while the body physically withdraws from the effects of the alcohol or drugs), [3] focused treatment (education about the nature of the diseases and motivation to change behavior), and [4] behavior change to encourage long-term recovery without relapse.

The first two phases of treatment are pretty well defined. Intervention can be triggered by family members, employers, drug courts, union leaders or licensing organizations – lawyers, doctors, etc. and successful when the addict is persuaded to enter the next phase – physical detoxification. Detoxification usually takes place in a setting where access to alcohol or addictive drugs is denied. Whether alcohol or another addictive drug, the physical detoxification of the body takes place within a week. However, the desire to use stays in the mind for a much longer period of time. That is where focused treatment is needed to motivate the individuals to develop the behavior change needed to assure long-term recovery without relapse. The list at the left shows the residential treatment facilities that many of the NJ Oxford House residents used prior to moving into an Oxford House. Most Oxford House residents have been through residential treatment several times. [See table 5]

The recycling of individuals through focused treatment is a poor use of treatment resources. The Treatment Episode Data Set [TEDS] compiled by the Federal government is published annually and shows various characteristics of those who are in treatment for addiction to alcohol and other drugs.⁶ Looking at the 1.7 million individuals per year getting residential treatment, several things stand out. First, considering that there are more than 25 million Americans needing treatment for alcoholism and drug addiction, the total receiving such treatment represents about 7% of those needing treatment getting it. Second, of those in treatment, over 60% have had

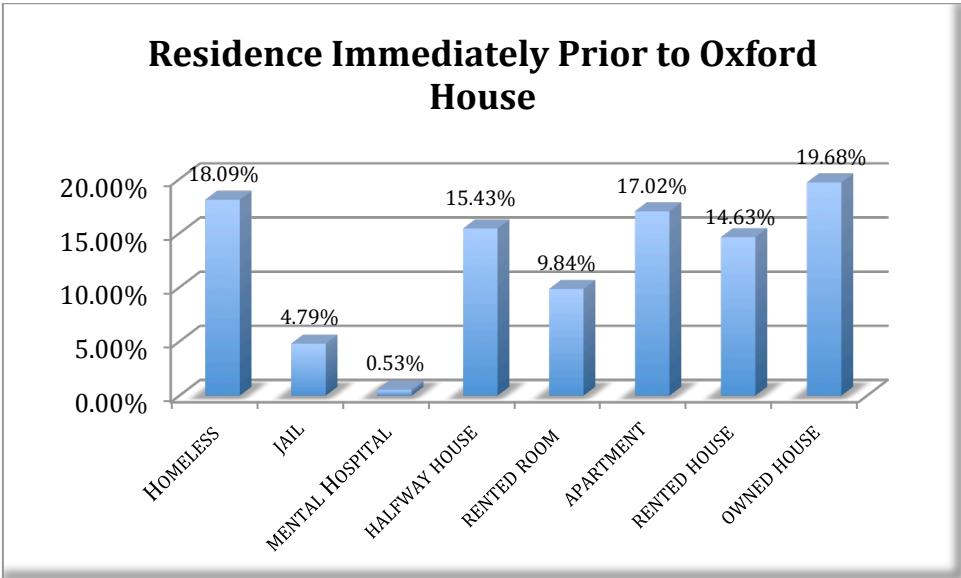
⁶ Center for Behavioral Statistics and Quality, Substance Abuse and Mental Health Administration, Treatment Episode Data Set [TEDS]. Data received through January 23, 2015. Table 2.5.

prior treatment but because of relapse they are again in treatment. More discouraging is the fact that 14% of those in treatment have been through treatment five or more prior times. Third, a fact often overlooked is that the behavior change is essential for long-term recovery and that the length of time it takes to develop comfortable behavior change differs among any group of individuals. Oxford Houses provide that length of time because their low operational cost and easy replication removes the pressure to limit length of residency.

Table 5 – Prior Treatment Episodes Among Oxford House Residents in Four States

Prior Residential Treatment Episodes	NJ	TX	VA	NC
One time	28.2%	23.9%	16.1%	18.2%
Twice	22.3%	18.8%	24.2%	20.0%
Three to Five Times	36.3%	31.9%	41.9%	44.1%
Six to Ten Times	12.8%	13.8%	12.9%	10.9%
More than Ten	1.2%	11.6%	4.8%	6.3%

Another way to look at the resident profile is to examine where the individual residents lived immediately prior to moving into an Oxford House. The November survey showed the following:



Notice that about half [48.3%] were living in a marginal environment [homeless, jail, mental hospital, halfway house or rented room] immediately prior to moving into an Oxford House. For that group of NJ Oxford House residents it can be safely assumed that almost all would have returned to addictive living – with likely relapse – but for living in an Oxford House.

Conclusion

The network of Oxford Houses in New Jersey is effectively serving many individuals to master long-term recovery without relapse. However, every house vacancy continues to attract an average of nearly 4 applicants showing that bed supply continues to lag behind demand. New

Jersey with its 140 Oxford House and its 9 million population has one Oxford House for every 63,000 population. Delaware, on the other hand, with its 74 Oxford House has one Oxford House for every 12,000 population. Vacancy demand and general population suggest the need for more Oxford Houses in New Jersey continues to be great.

Moreover, the difference between minority populations in NJ Oxford Houses compared to the percentage of minorities in the overall New Jersey population suggests that greater outreach into minority communities is also needed. Both growth in the overall number of Oxford Houses and greater outreach into minority communities can be obtained if the state chooses to pay for more outreach workers. Each outreach worker costs about \$80,000 a year, which covers salary, fringe benefits, taxes and expenses. Experience has shown that an outreach worker can effectively create three new Oxford Houses a year and monitor thirty or more houses. The outreach worker is also the principle educator for drug court and treatment provider personnel. Such outreach helps change treatment protocol to move closer to the desirable goal of recovery without relapse.

This evaluation does not take into account the historic legal work done by Oxford House, Inc. in New Jersey to overcome the NIMBY [not-in-my-backyard] problem. Twenty-five years ago when Oxford House came to the state nearly every house it established became a target for litigation. Fortunately, the 1988 Amendments to the Federal Fair Housing Act added those with a handicap as a class protected from discrimination. Today, as the result of numerous federal court cases, localities must make a reasonable accommodation in local zoning laws to permit groups of recovering individual to live together in good neighborhoods. Even state laws have been changed to reflect the civil rights recovering individuals have to live together in an environment supportive of long-term recovery.

New Oxford Houses tend to continue year after year. For example, Oxford House – Clementon [pictured on the following page] is a house for eight men started April 1, 1991 in Clementon, New Jersey. Every day for more than 25 years the house has served as a tool for men recovering from alcoholism, drug addiction and co-occurring mental illness to help each other learn behavior conducive to long-term recovery without relapse. Since its beginning Oxford House – Clementon has served more than 420 individuals. Based on studies of various Oxford House outcomes, it can be safely predicted that about 80% of those residents [336] stayed clean.⁷

Oxford House – Hilltop is an Oxford House for nine men and it was established June 1, 1990. It has served 491 men since it started. These two houses are singled out to remind the reader that Oxford Houses become permanent tools for combating addiction and promoting long-term recovery. Once established, most Oxford Houses continue year after year. Note that 97% of existing residents would recommend living in an Oxford House because they found it to be a significant factor in their own recovery. [See full listing of New Jersey Oxford Houses at the end of this evaluation.]

⁷ See [The need for substance abuse after-care: Longitudinal analysis of Oxford House](#) which is a 2007 article in the Journal of Addictive Behaviors reporting a study done by DePaul University following 897 residents in 219 Oxford Houses across the nation for 24 months. At three month intervals the residents were interviewed in 4 waves. At the final wave 4, only 13.5% of participants reported using either alcohol or drugs, and of those who had left the OH, only 18.5% indicated using any substances. Other studies by DePaul have found similar outcomes.



Oxford House - Clementon

58 Blackwood-Clementon Hwy
Clementon, NJ 08021-3853
8 Men • Established April 1991



Oxford House - Hilltop

108 Hilltop Court
Cherry Hill, NJ 08003-1708
9 Men • Established June 1990

Oxford House™ is recognized as the *only* recovery house program listed at:



Oxford Houses of New Jersey Directory

Oxford House - Absecon
809 New Jersey Avenue
Absecon, NJ 08201-2311
609-383-1305
8 / M
Oxford House since May '04

Oxford House - 13th Ave
408 13th Ave
Belmar, NJ 07719-2432
848-404-9808
10 / M
Oxford House since Nov '13

Oxford House - Rockefeller Park
747 Lynnwood Ave
Brick, NJ 08723-5352
732-262-1466
8 / M
Oxford House since Jun '05

Oxford House - Merion
201 Merion Ave
Cherry Hill, NJ 08003-3619
856-888-1967
8 / W
Oxford House since Aug '13

Oxford House - North Shore
355 North Shore Road
Absecon, NJ 08201-1817
609-241-6713
8 / WC
Oxford House since Nov '06

Oxford House - 11th Ave
214 11th Ave.
Belmar, NJ 07719-2404
732-556-0566
8 / W
Oxford House since Nov '13

Oxford House - 5th Avenue
704 Maple Avenue
Brick, NJ 08724-1553
732-600-7346
7 / M
Oxford House since Feb '07

Oxford House - Doral
421 Doral Dr.
Cherry Hill, NJ 08003
856-888-2555
9 / M
Oxford House since Oct '14

Oxford House - 4th Avenue
410 4th Avenue
Asbury Park, NJ 07712-6008
732-988-0404
8 / M
Oxford House since Jun '04

Oxford House - Melrose Avenue
1002 Melrose Ave
Blackwood, NJ 08012
856-362-0510
8 / M
Oxford House since Mar '15

Oxford House - Texas Drive
287 Texas Drive
Brick, NJ 08721
848-241-5506
8 / W
Oxford House since Jun '16

Oxford House - Clementon
58 Blackwood-Clementon Hwy
Clementon, NJ 08021-3853
856-784-7813
8 / M
Oxford House since Apr '91

Oxford House - Boardwalk
134 South Bartram Ave
Atlantic City, NJ 08401-5708
609-428-6525
9 / M
Oxford House since Jan '07

Oxford House - Hazelwood
68 Hazelwood Road
Bloomfield, NJ 07003-5137
973-707-5996
8 / M
Oxford House since Sep '04

Oxford House - Westside
241 Conover St
Burlington, NJ 08016-1306
609-239-8699
7 / M
Oxford House since Aug '00

Oxford House - Haddon
549 Haddon Ave
Collingswood, NJ 08108-1446
856-854-0508
9 / M
Oxford House since Jul '13

Oxford House - Ocean
4703 Atlantic Ave
Atlantic City, NJ 08401-5604
609-449-8701
7 / M
Oxford House since Oct '95

Oxford House - Bradley Beach
601 Ocean Park Avenue
Bradley Beach, NJ 07720-1424
732-774-0705
9 / M
Oxford House since Apr '01

Oxford House - East Broad St.
230 E. Broad Street
Burlington, NJ 08016-1606
609-239-3011
8 / M
Oxford House since May '09

Oxford House - Prospect Avenue
329 Prospect Ave.
Dunellen, NJ 08812
732-529-5898
7 / M
Oxford House since Mar '15

Oxford House - Vassar
50-52 Vassar Road
Audubon, NJ 08106-1108
856-546-1750
10 / W
Oxford House since Jun '01

Oxford House - Fletcher Lake
404 Newark Ave
Bradley Beach, NJ 07720-1537
732-775-0094
6 / M
Oxford House since Oct '12

Oxford House - Isaac Collins
201 East Broad Street
Burlington, NJ 08016
609-733-3764
10 / M
Oxford House since Nov '15

Oxford House - Parsons
20 Parsons Road
E. Brunswick, NJ 08816
732-210-2328
8 / W
Oxford House since Aug '15

Oxford House - Artie Scott
28 Memorial Dr.
Barnaget, NJ 08005
732.600.7346
8 / WC
Oxford House since Aug '15

Oxford House - Kenbury
12 Kenbury Road
Branchburg, NJ 08876
908-255-4632
12 / M
Oxford House since May '16

Oxford House - Hilltop
108 Hilltop Court
Cherry Hill, NJ 08003-1708
856-751-3837
9 / M
Oxford House since Jun '90

Oxford House - East Brunswick
7 Buck Road
East Brunswick, NJ 08816-3903
732-353-6463
7 / M
Oxford House since Apr '02

Oxford House - Grand Central
178 Grand Central Parkway
Bayville, NJ 08721
848-224-4357
9 / M
Oxford House since Apr '15

Oxford House - Brick
127 Hollywood Court
Brick, NJ 08723-3315
732-600-7346
8 / M
Oxford House since Oct '03

Oxford House - Point of Woods
1805 Kresson Rd
Cherry Hill, NJ 08003-2519
856-433-8158
10 / M
Oxford House since Sep '05

Oxford House - Milltown Road
255 Milltown Road
East Brunswick, NJ 08816-2254
732-353-6623
7 / M
Oxford House since Mar '06

Oxford House - Lookout
452 Compass Avenue
Beachwood, NJ 08722-4120
732-998-8100
8 / M
Oxford House since Jan '05

Oxford House - Madison Court
307 Madison Court
Brick, NJ 08724-1611
732-458-3593
7 / W
Oxford House since Mar '05

Oxford House - Dudley
318 State St
Cherry Hill, NJ 08002-2356
856-356-2664
7 / WC
Oxford House since Jun '12

Oxford House - East Rutherford
231 Hackensack Street
East Rutherford, NJ 07073-2001
201-933-2862
8 / M
Oxford House since Jan '05

Oxford House - Union Creek
511 Buffalo Ave
Egg Harbor City, NJ 08215-2022
856-619-6323
6 / M
Oxford House since Nov '13

Oxford House - Monument
15 Monument Street
Freehold, NJ 07728-1720
732-333-0415
12 / M
Oxford House since Jul '10

Oxford House - Carr Avenue
60 Francis Pl
Keansburg, NJ 07734
732-600-7346
9 / M
Oxford House since Jan '17

Oxford House - Belhaven
1532 Shore Rd.
Linwood, NJ 08221
609-365-8834
6 / M
Oxford House since Dec '16

Oxford House - Patcong Creek
312 Poplar Ave
Egg Harbor Twp, NJ 08234-8300
609-365-8049
10 / M
Oxford House since Jan '11

Oxford House - Medford Blvd
102 Medford Blvd
Freehold, NJ 07728-3341
732-409-7000
8 / WC
Oxford House since Mar '13

Oxford House - Kendall Park
45 Donald Avenue
Kendall Park, NJ 08824-1733
732-297-5970
7 / W
Oxford House since Oct '04

Oxford House - Waters Edge
34 Waters Edge Drive
Little Egg Harbor, NJ 08087-2080
732-644-0495
7 / M
Oxford House since Mar '09

Oxford House - Norwood
763 Norwood Ave.
Elberon, NJ 07740
732-443-4418
8 / M
Oxford House since Nov '14

Oxford House - Highlands
296 Route 36
Highland, NJ 07732
732-872-4633
9 / WC
Oxford House since Aug '14

Oxford House - Lakewood
8 Henry Street
Lakewood, NJ 08701-4707
732-367-5028
8 / M
Oxford House since Aug '02

Oxford House - Dougie
37 Irving Ave
Livingston, NJ 07039
973-486-6169
8 / W
Oxford House since Oct '15

Oxford House - Tennent Ave
7 Tennent Ave
Englishtown, NJ 07726-1515
732-446-1904
7 / M
Oxford House since May '13

Oxford House - Dorer
268 Dorer Ave
Hillside, NJ 07205
862-231-6496
7 / M
Oxford House since Mar '15

Oxford House - Hearthstone
854 Hearthstone Drive
Lakewood, NJ 08701-5511
(732) 534-7105
8 / M
Oxford House since Jun '04

Oxford House - Loch Arbor
7 Evergreen Pl
Loch Arbour, NJ 07711-1215
732-531-1294
8 / M
Oxford House since Dec '02

Oxford House - Harrison
26 Tennent Ave
Englishtown, NJ 07726
732-524-8524
7 / WC
Oxford House since Jul '14

Oxford House - Howell
18 Laurel Court
Howell, NJ 07731-1748
732-276-5454
7 / M
Oxford House since Jan '03

Oxford House - Clairmont
847 Hearthstone Drive
Lakewood, NJ 08701-5515
848-245-0386
8 / M
Oxford House since Mar '07

Oxford House - Myrtle
250 Corabelle Ave
Lodi, NJ 07644
862-247-8063
6 / W
Oxford House since Nov '12

Oxford House - Crows Mill
550 Crows Mill Road
Fords, NJ 08863
732-881-5188
9 / M
Oxford House since Apr '16

Oxford House - Southport
20 Hampton Road
Howell, NJ 07731-1810
732-364-6760
7 / M
Oxford House since Mar '07

Oxford House - Hillridge
6 Hillridge Place
Lakewood, NJ 08701
848-245-9616
7 / W
Oxford House since Jun '13

Oxford House - Cardinal Court
52 Liberty St
Long Branch, NJ 07740-7131
732-600-7346
7 / W
Oxford House since Aug '05

Oxford House - Forked River
546 Brentwood Road
Forked River, NJ 08731-1519
609-756-0785
7 / M
Oxford House since Oct '07

Oxford House - Manhattan Street
39 Manhattan Street
Jackson, NJ 08527
848-373-9177
7 / M
Oxford House since Jan '16

Oxford House - Elm Avenue
230 E. Elm Avenue
Lindenwold, NJ 08021-2215
856-782-1214
8 / M
Oxford House since Aug '95

Oxford House - Long Branch
338 East Warburton Place
Long Branch, NJ 07740-6923
848-888-3150
7 / M
Oxford House since Dec '09

Oxford House - Freehold
64 Bowne Avenue
Freehold, NJ 07728-1658
732-409-9951
8 / M
Oxford House since Jan '03

Oxford House - Palisade
137 Palisade Ave
Jersey City, NJ 07306
201-659-1923
8 / M
Oxford House since Jul '14

Oxford House - Hiddenway
221 W. Linden Avenue
Lindenwold, NJ 08021-3238
856-258-6321
7 / M
Oxford House since Sep '93

Oxford House - Van Court
767 Van Court Avenue
Long Branch, NJ 07740
732-759-8071
7 / W
Oxford House since Dec '14

Oxford House - Spring Street
31 Spring Street
Freehold, NJ 07728-1843
732-462-7270
7 / M
Oxford House since Oct '05

Oxford House - Big Red
117 Port Monmouth Road
Keansburg, NJ 07734
732-600-7346
9 / W
Oxford House since Dec '16

Oxford House - Linwood
1937 Shore Road
Linwood, NJ 08221-2141
609-365-2052
7 / W
Oxford House since Jun '10

Oxford House - Lockwood
909 Van Court Ave
Long Branch, NJ 07740
732-443-4123
8 / WC
Oxford House since Sep '15

Oxford House - Evesham
207 NE Atlantic Avenue
Magnolia, NJ 08049-1203
856-258-4465
8 / M
Oxford House since Sep '02

Oxford House - Mountainside
1000 Springfield Avenue
Mountainside, NJ 07092-2905
908-233-1313
8 / M
Oxford House since May '14

Oxford House - The Gardens
929 Central Avenue
Ocean City, NJ 08226-3538
609-398-4011
12 / M
Oxford House since Jun '91

Oxford House - Millbrook
186 Millbrook Ave
Randolph, NJ 07869-1405
862-397-3622
8 / M
Oxford House since Nov '13

Oxford House - Anchor Ave
56 Anchor Ave
Manahawkin, NJ 08050
609-549-3500
6 / M
Oxford House since May '13

Oxford House - Love Lane
140 Main Street
Netcong, NJ 07857
973-527-4459
11 / M
Oxford House since Jul '14

Oxford House - Wesley
816 Wesley Ave
Ocean City, NJ 08226-3623
609-938-4796
11 / W
Oxford House since Jul '12

Oxford House - Tigger
127 Hubbard Ave
Red Bank, NJ 07701-5534
732-842-0872
12 / M
Oxford House since Dec '13

Oxford House - Matawan
7 Johnson Avenue
Matawan, NJ 07747-2509
732-583-1416
8 / M
Oxford House since Aug '02

Oxford House - Hub City
6 Juliet Street
New Brunswick, NJ 08901
848-459-9706
11 / M
Oxford House since Feb '17

Oxford House - Route 527
1643 Englishtown Road
Old Bridge, NJ 08857
732-251-1307
8 / M
Oxford House since May '06

Oxford House - South Ward
61 South Ward Ave
Rumson, NJ 07760-2030
732-747-1470
9 / M
Oxford House since Aug '13

Oxford House - Woodbrook
25 Woodbrook Drive
Matawan, NJ 07747
732-970-3259
7 / M
Oxford House since Feb '06

Oxford House - Lake Street
915 Lake St.
Newark, NJ 07104
973-484-4359
7 / M
Oxford House since Nov '14

Oxford House - Billings Avenue
26 E Wood St
Paulsboro, NJ 08066
856-599-0094
7 / M
Oxford House since May '06

Oxford House - Jarvis
1480 Jarvis Road
Sicklerville, NJ 08081-9745
856-545-7924
8 / M
Oxford House since Jan '12

Oxford House - Montclair II
21 Irving Street
Montclair, NJ 07042-4523
973-746-4294
9 / M
Oxford House since Nov '03

Oxford House - Stuart Street
11 Madison Street
Newton, NJ 07860
973-940-0497
6 / M
Oxford House since Jan '15

Oxford House - Plainfield
947 Prospect Ave
Plainfield, NJ 07061
908-205-0354
8 / M
Oxford House since Dec '15

Oxford House - Meadowbrook Circ
61 E Meadowbrook Circle
Sicklerville, NJ 08081-1671
856-302-1119
9 / M
Oxford House since Mar '14

Oxford House - Moorestown
629 E. Main Street
Moorestown, NJ 08057-3009
856-780-5918
7 / W
Oxford House since Mar '10

Oxford House - Diller Avenue
34 Diller Ave
Newton, NJ 07860
848-459-9708
8 / W
Oxford House since Jan '17

Oxford House - Arnold Ave
318 Arnold Ave
Point Pleasant, NJ 08742
848-232-2642
7 / M
Oxford House since Dec '14

Oxford House - Somers Point
532 Shore Road
Somers Point, NJ 08244-2447
609-365-8072
6 / M
Oxford House since Jul '11

Oxford House - Morristown
16 Jardine Road
Morristown, NJ 07960-4222
862-242-8394
7 / M
Oxford House since Aug '05

Oxford House - Greenbrook Park
31 Myrtle Ave
North Plainfield, NJ 07060
848-459-9708
12 / M
Oxford House since Jun '16

Oxford House - Langford
38 Raritan Avenue
Port Reading, NJ 07064-1906
732-218-8527
8 / M
Oxford House since Oct '06

Oxford House - Thompson Avenue
17 Lehigh Ave
Somers Point, NJ 08244-1410
609-365-8087
6 / W
Oxford House since Apr '13

Oxford House - Garden Street
34 Garden ST
Mount Holly, NJ 08060-1840
(609) 667-7146
7 / W
Oxford House since Dec '13

Oxford House - Woodlynne
108 Evergreen Avenue
Oaklyn, NJ 08107-2216
856-962-8415
7 / M
Oxford House since Mar '03

Oxford House - Kingston
31 Carnegie Dr
Princeton, NJ 08540-4023
609-688-0099
8 / M
Oxford House since Apr '02

Oxford House - South River
99 Jeffries Ave
South River, NJ 08882
732-930-9736
8 / W
Oxford House since Sep '16

Oxford House - Lexington Ct
29 Lexington Court
Mount Laurel, NJ 08054
856-638-5268
8 / M
Oxford House since Aug '12

Oxford House - Bayside
1600 West Avenue
Ocean City, NJ 08226-3053
609-398-9099
6 / M
Oxford House since Mar '93

Oxford House - Carnegie
68 Erdman Ave
Princeton, NJ 08540-3908
609-924-2911
9 / M
Oxford House since Nov '03

Oxford House - Galway Place
11 Galway Place
Teaneck, NJ 07666-3607
201-530-7279
8 / WC
Oxford House since Oct '12

Oxford House - Johnson Ave
160 Johnson Ave
Teaneck, NJ 07666-4216
201-530-5390
10 / W
Oxford House since Sep '14

Oxford House - Dickinson Avenue
495 Madison Avenue
Toms River, NJ 08753
732-240-4450
8 / W
Oxford House since Nov '15

Oxford House - Victorian
106 S Frankfort Ave
Ventnor city, NJ 08406
609-541-2526
7 / W
Oxford House since Sep '93

Oxford House - West Orange
1393 Pleasant Valley Way
West Orange, NJ 07052-1304
973-243-7233
8 / M
Oxford House since Aug '04

Oxford House - South Toms River
51 Lakeview Dr.
Toms River, NJ 08757-5114
732-930-9736
6 / M
Oxford House since Mar '04

Oxford House - Rutgers Place
10 Rutgers Place
Trenton, NJ 08618
609-337-7172
10 / M
Oxford House since Apr '15

Oxford House - Cornwall
15 S Cornwall Ave
Ventnor City, NJ 08406-2716
609-541-2251
12 / M
Oxford House since Jan '13

Oxford House - Cedar Broadway
10 Cedar Avenue
Westville, NJ 08093-1409
856-349-2796
6 / W
Oxford House since Feb '05

Oxford House - West Ridge
24 West Ridge Road
Toms River, NJ 08755-4933
732-281-8204
8 / M
Oxford House since Apr '05

Oxford House - Marine Street
367 Marine Street
Tuckerton, NJ 08087-2534
732-600-7346
7 / M
Oxford House since Oct '13

Oxford House - Baysshore
2905 Shore Drive
Villas, NJ 08251
609-408-4499
12 / M
Oxford House since Sep '13

Oxford House - Bradford
1 Meadowbrook Pl
Willingboro, NJ 08046-2105
609-877-1299
7 / M
Oxford House since Dec '01

Oxford House - Disney
21 Disney Drive
Toms River, NJ 08755-4911
732-228-7456
8 / WC
Oxford House since May '05

Oxford House - Ventnor
29 S. Weymouth
Ventnor, NJ 08406-2451
609-541-3207
6 / M
Oxford House since Feb '99

Oxford House - Vineland
1435 North Maple Avenue
Vineland, NJ 08360-3391
856-839-2128
9 / M
Oxford House since Dec '06

Oxford House - Parish Lane
16 Parish Lane
Willingboro, NJ 08026
609-526-2071
8 / M
Oxford House since Jul '15

Oxford House - Bay Lea
896 Indian Hill Rd
Toms River, NJ 08753-4358
732-503-4237
8 / WC
Oxford House since Jul '06

Oxford House - Winchester
308-310 Hampshire Drive
Ventnor, NJ 08406-1020
609-823-4919
8 / W
Oxford House since Nov '04

Oxford House - Nylund
1773 Magnolia Road
Vineland, NJ 08361-6579
856-405-6124
8 / M
Oxford House since Apr '11

Oxford House - Woodbury
25 Aberdeen Place
Woodbury, NJ 08096
856-845-8698
7 / M
Oxford House since Jan '99

Oxford House - Claire Drive
25 Tilton Ave
Toms River, NJ 08757
848-525-5697
7 / M
Oxford House since Mar '07

Oxford House - Suffolk
105 S. Suffolk Avenue
Ventnor, NJ 08406-2851
609-428-7555
12 / M
Oxford House since Nov '09

Oxford House - Mt. Vernon
520 N West Blvd
Vineland, NJ 08360
6 / M
Oxford House since Jan '17

Oxford House - Fischer Blvd
523 Fischer Blvd
Toms River, NJ 08753-6271
732-608-6657
6 / M
Oxford House since Dec '12

Oxford House - Frankfort
109 S Frankfort Ave
Ventnor, NJ 08406-2938
609-350-7278
8 / M
Oxford House since Jul '12

Oxford House - Stratford
62 Dunhill Dr
Voorhees, NJ 08043-2508
856-229-7791
7 / M
Oxford House since Jan '94

Oxford House - Astoria
848 Astoria Dr
Toms River, NJ 08753-4443
732-998-8296
12 / M
Oxford House since Oct '13

Oxford House - Troy
6209 Ventnor Ave
Ventnor, NJ 08406-2651
609-246-7648
9 / W
Oxford House since Jun '12

Oxford House - Sears
20 Sears Place
Wayne, NJ 07470-2611
973-720-1900
10 / M
Oxford House since Mar '14

Oxford House - Pine Fork
20 Pine Fork Dr.
Toms River, NJ 08755
848-224-4368
7 / M
Oxford House since Apr '15

Oxford House - Melbourne
124 N Lafayette Ave
Ventnor, NJ 08406-1907
609-428-6813
7 / W
Oxford House since Nov '12

Oxford House - Melody Lane
41 1st Avenue
West Deptford, NJ 08051-1628
856-464-6722
7 / WC
Oxford House since Apr '12

OXFORD HOUSE TRADITIONS

1. Oxford House has as its primary goal the provision of housing for the alcoholic and drug addict who wants to stay clean and sober.
 2. All Oxford Houses are run on a democratic basis. Our officers serve continuous periods of no longer than six months.
 3. No Member of an Oxford House is ever asked to leave without cause -- drinking, drug use, or disruptive behavior.
 4. Oxford House members realize that active participation in AA and/or NA offers assurance of continued sobriety.
 5. Each Oxford House should be autonomous except in matters affecting other houses or Oxford House, Inc. as a whole.
 6. Each Oxford House should be financially self-supporting.
 7. Oxford House should remain forever non-professional.
 8. Propagation of the Oxford House, Inc. concept should always be conceived as public education.
 9. Members who leave an Oxford House in good standing should become associate members.
-

Oxford House™

1975-2017

*42 Years of Organized Self-Help To Enable Alcoholics and
Drug Addicts to Recover Without Relapse*

- Providing Sole Authority for Oxford House Charters
- Providing Technical Assistance to Establish New Oxford Houses
- Providing Technical Assistance to Keep Existing Oxford Houses on Track
- Providing Organization of Chapters to Help Oxford Houses to Help Themselves
- Providing the Time, Living Environment and Support to Enable Alcoholics and Drug Addicts to Achieve Recovery Without Relapse
- Providing the Legal, Philosophical, and Scientific Framework for a Cost-effective, Worldwide Network of Supportive Recovery Housing.

Write or Call

Oxford House, Inc.

1010 Wayne Avenue, Suite 300
Silver Spring, Maryland 20910

Telephone 301-587-2916

Facsimile 301-589-0302

E-Mail Info@oxfordhouse.org

Web Site: www.oxfordhouse.org