

# OXFORD HOUSE AND NORTH CAROLINA

*A Comprehensive Survey Report on the  
Network of North Carolina Oxford Houses  
and their Residents*

2015

**Oxford House, Inc.**  
1010 Wayne Avenue, Suite 300  
Silver Spring, Maryland 20910  
[www.oxfordhouse.org](http://www.oxfordhouse.org)

## **OXFORD HOUSE TRADITIONS**

1. Oxford House has as its primary goal the provision of housing for the alcoholic and drug addict who wants to stay clean and sober.
  2. All Oxford Houses are run on a democratic basis. Our officers serve continuous periods of no longer than six months.
  3. No Member of an Oxford House is ever asked to leave without cause ----- drinking, drug use, or disruptive behavior.
  4. Oxford House members realize that active participation in AA and/or NA offers assurance of continued sobriety.
  5. Each Oxford House should be autonomous except in matters affecting other houses or Oxford House, Inc. as a whole.
  6. Each Oxford House should be financially self---supporting.
  7. Oxford House should remain forever non---professional.
  8. Propagation of the Oxford House, Inc. concept should always be conceived as public education.
  9. Members who leave an Oxford House in good standing should become associate members.
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## 2015 North Carolina Oxford House Survey Results

**The table presents the results of a confidential survey given to all the residents living in North Carolina Oxford Houses in the Spring of 2015. Responses were received from 864 of the 1,139 individuals then in residence, yielding a response rate of 78.8 percent.**

<b>Total Number of Oxford House residents who completed the survey: [75.8% of residents]</b>	<b>864</b>	<b>Average Age of residents: (Range 19 – 75)</b>	<b>44.4 Years</b>
<b>Number of Men in survey:</b>	<b>623</b>	<b>Number of Women in survey:</b>	<b>241</b>
<b>Number of Men’s Houses:</b>	<b>135</b>	<b>Number of Men’s Recovery Beds:</b>	<b>1,067</b>
<b>Number of Women’s Houses:</b>	<b>47</b>	<b>Number of Women’s Beds:</b>	<b>357</b>
<b>Cost Per Person Per Week for Rent [Range \$95 to \$165]</b>	<b>\$125</b>	<b>Rent Per Group Per Month Average: (Range \$900-\$2400 per month)</b>	<b>\$1,580</b>
<b>Percent Military Veterans:</b>	<b>11%</b>	<b>Average Years of Education</b>	<b>12.9</b>
<b>Residents Employed 4/30/2015:</b>	<b>82%</b>	<b>Average Monthly Earnings:</b>	<b>\$1,423</b>
<b>Addicted to only Alcohol:</b>	<b>47%</b>	<b>Addicted to Alcohol and other Drugs:</b>	<b>53%</b>
<b>Race–</b>		<b>Marital Status –</b>	
<b>White</b>	<b>65.7%</b>	<b>Never Married</b>	<b>50.9%</b>
<b>Black</b>	<b>30.6%</b>	<b>Separated</b>	<b>13.4%</b>
<b>Native American</b>	<b>1.9%</b>	<b>Divorced</b>	<b>29.2%</b>
<b>Other</b>	<b>1.8%</b>	<b>Married</b>	<b>4.1%</b>
		<b>Widowed</b>	<b>1.3%</b>
<b>Prior Homelessness:</b>	<b>48.3%</b>	<b>Median Time Homeless:</b>	<b>2.5 Mos.</b>
<b>Prior Jail:</b>	<b>78.5%</b>	<b>Average Jail Time:</b>	<b>23 Mos.</b>
		<b>Median Jail Time:</b>	<b>12 Mos.</b>
<b>Percent going to AA or NA</b>	<b>98%</b>	<b>Average Number AA or NA Meetings Attended Per Week:</b>	<b>5.2</b>
<b>Percent Going To Counseling <i>in addition to</i> AA or NA (weekly):</b>	<b>38.3%</b>	<b>Average Length of Sobriety of House Residents:</b>	<b>9.2 Mos.</b>
<b>Residents Expelled During 2014 Because of Relapse:</b>	<b>22.9%</b>	<b>Average Number of Applicants For Each Vacant Bed:</b>	<b>4+</b>
<b>Average Length of Stay In An Oxford House:</b>	<b>9 Months</b>	<b>New Houses started in CY 2015 through November 1, 2015</b>	<b>18</b>

# OXFORD HOUSE™ AND NORTH CAROLINA

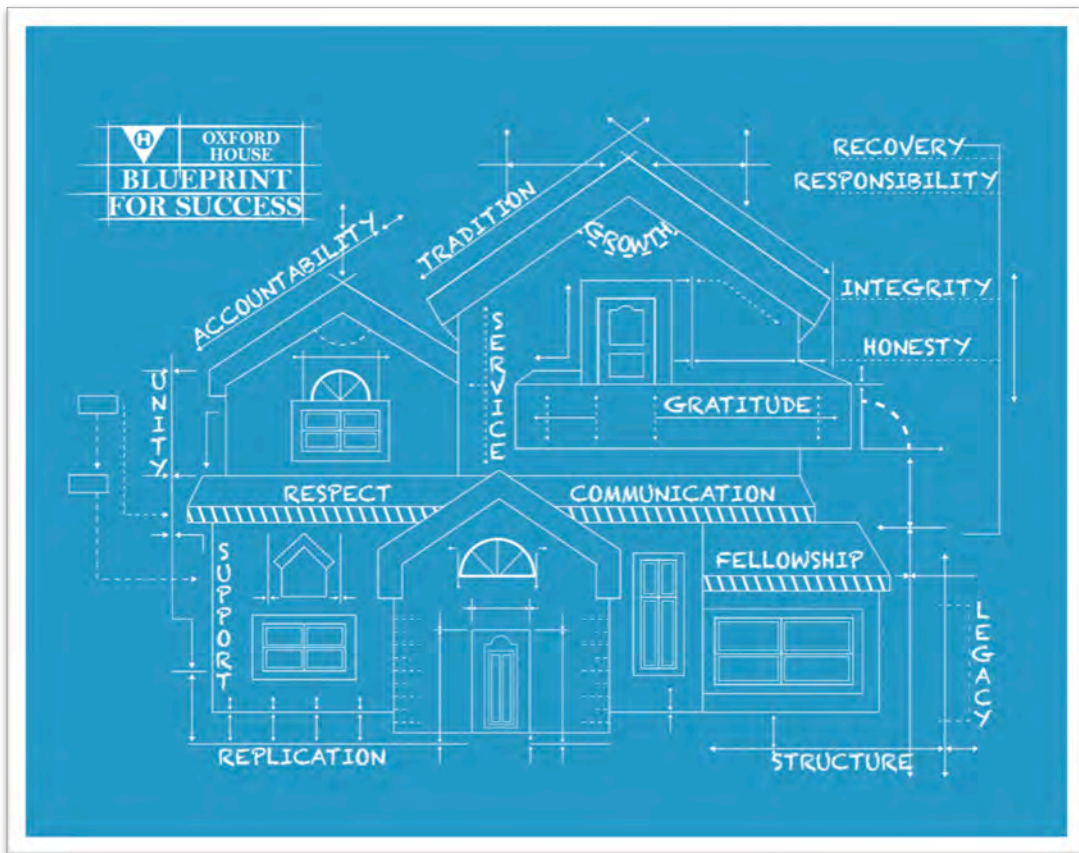
## OVERVIEW

Oxford House has had a contractual working relationship with North Carolina since 1990. North Carolina was one of the first states to take advantage of the recovery home provision of the federal 1988 Anti-Drug Abuse Act [42 USC 300x-25]. This state action has produced a network of just over 200 Oxford Houses in North Carolina with over 1,530 beds for alcoholics, drug addicts and those with co-occurring mental illness. The Oxford House program enables House residents to gain the time, peer support and discipline they need to change behavior sufficiently to avoid returning to addiction.

This report takes a comprehensive look at the Oxford House program and how it works, reviews the characteristics of Oxford House residents, highlights special programs and concludes with a discussion of the program's prospects in North Carolina and the challenges it faces.

## THE OXFORD HOUSE 'BLUEPRINT FOR SUCCESS'

The "Oxford House Blueprint for Success" pictured below enumerates values and characteristics that are recognized as essential for Oxford Houses.



The Blueprint for Success was embossed on the tote bag that contained the handouts at the recent Oxford House World Convention. It immediately caught the attention of one of the keynote

speakers at the convention, Westley H. Clark, M.D., the retired Director of the federal Center on Substance Abuse Treatment (CSAT). In his keynote address to the convention, Dr. Clark said:

It amazes me that Oxford House is not promoted by more states. The promise of the Oxford House system of recovery proves that all is not lost. Thousands are carving fortune out of misfortune. Oxford House is not just a place to live. It is a place to re-invent life. It is a total addiction recovery system for achieving a comfortable, productive life. It embodies the blueprint for success in recovery and life in general.<sup>1</sup>

More than a thousand residents and alumni of Oxford Houses attended the national convention in Washington, DC in September 2015. North Carolina Oxford House residents were well represented at the convention. The picture below shows some of the men and women from North Carolina in attendance. Each were there as part of their personal gratitude for having had the opportunity to live in one of the 202 North Carolina Oxford Houses. This report is dedicated to the current residents, past residents and those who will follow in their footsteps.



Group of Oxford House residents and alumni from North Carolina at the 17<sup>th</sup> Annual Oxford House National Convention in Washington Hilton Hotel, Washington, DC over Labor Day weekend 2015.

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<sup>1</sup> Dr. Clark's full address can be viewed by clicking on the link at the home page of Oxford House, Inc. at [www.oxfordhouse.org](http://www.oxfordhouse.org).

## HOW THE OXFORD HOUSE PROGRAM WORKS

Oxford House is forty years old. From its beginning, Oxford House has [1] kept its focus on recovery from alcoholism, drug addiction and co-occurring mental illness; [2] emphasized self-determination and self-governance, and [3] relied on expansion to avoid arbitrary time limits on residency while meeting the need for recovery beds.

### *Focus on Recovery*

The focus on recovery starts with the charter conditions applied to each individual Oxford House. Each house must meet the following conditions:

1. The House must be democratically self-run following the process and procedures of the Oxford House Manual<sup>®</sup>,
2. The House must be financially self-supporting, and
3. The residents must expel any resident who returns to using alcohol or illicit drugs.

From the level of the individual house to the nonprofit national umbrella organization, Oxford House avoids ownership of real property or accumulation of wealth – a policy that began forty years ago. When the first Oxford House started in 1975, a then well-known therapeutic community – Synanon – was falling apart because of fights among members over money and wealth accumulation. All Oxford Houses are rented by the individual Oxford House group, which also takes responsibility for paying the rent and managing the house. To enable the organization to succeed, Oxford House has relied upon a disciplined, effective system of operations primarily run and financially supported by recovering residents themselves.

The charter underscores the focus on recovery by requiring immediate expulsion of any resident returning to the use of alcohol or illicit drugs. Organization of individual houses into mutually supportive chapters, workshops and continuing education about the nature of addiction and the best practices for assuring recovery are hallmarks of Oxford House's 40-years history. Both within the individual Oxford House and throughout the entire organization recovery is the focus.

### *Self-Governance*

Emphasizes on self-governance is important because it enables each individual to develop behavior change that enables sobriety comfortable enough to assure long-term recovery without relapse. Each individual has an equal voice and responsibility for running the household and paying the bills. As the residents exercise their rights and responsibilities within the house self-confidence in sobriety is enhanced. Because there is no manager or authority figure in an Oxford House, the residents elect officers from among the residents and impose term limits. An Oxford House resident's sobriety is dependent on his or her own behavior as a house member, not by relying on an institutional authority figure.

Each house has five elected officers: President, Secretary, Treasurer, Comptroller and Chore Coordinator. The officers are term-limited to six months in a particular office. As a result, residents will serve in

**Term Limited to Six Months  
Five Officers:**

- President
- Secretary
- Treasurer
- Comptroller
- Chore Coordinator



one or more offices during residency. Each officer has specific duties and must report to the entire house membership at the weekly house meeting. House officers are elected by their housemates and are accountable to them. This egalitarian nature of Oxford House membership avoids the typical “we versus them” problems. Too often in an institutional setting, including in a traditional halfway house or managed recovery home, recovering individuals bond through a common bond of resentment directed against those in authority. Such bonding diverts a resident from healing or taking positive steps toward developing behavior that discourages a return to addictive use.

Responsible behavior and sobriety become habit-forming. However, since each individual is unique, it takes different lengths of time for an addict to develop sobriety and responsibility that is comfortable enough to avoid relapse. Forty years ago the men living in the traditional halfway house that became the first Oxford House observed that the arbitrary time limit of six months residency did not work. In one three month period, eleven men had been required to leave because their six-month time limit was up. Ten of the eleven returned to drinking and using drugs within thirty days. Based upon their observation and self-interest, the first thing the founders of Oxford House did was to eliminate the residency time limit.

### *Expansion*

There are two components necessary for effective expansion of Oxford Houses – the availability of small start-up loans and the availability of technical assistance to teach new residents the time-

Sample Development Costs	
<b>6 Recovery Homes</b>	
Revolving Start-Up Loan Fund @ \$6,000:	\$ 36,000
Two Trained and Supervised Field Workers	160,000
10% G&A [overhead]	<u>16,000</u>
<b>TOTAL</b>	<b>\$ 212,000</b>
<b>24 Recovery Homes</b>	
Revolving Start-Up Loan Fund @ \$6,000:	\$ 144,000
Eight Trained and Supervised Field Workers	640,000
10% G&A [overhead]	<u>64,000</u>
<b>TOTAL</b>	<b>\$ 848,000</b>
<b>100 Recovery Homes</b>	
Revolving Start-Up Loan Fund @ \$6,000:	\$ 600,000
Thirty Trained and Supervised Field Workers	2,400,000
10% G&A [overhead]	<u>240,000</u>
<b>TOTAL</b>	<b>\$ 3,240,000</b>

tested system of operations. Enactment of the federal 1988 Anti-Drug Abuse Act served as a catalyst for the expansion of Oxford House from a small cluster of thirteen houses in the DC area into a national network of Oxford Houses of nearly 2,000 houses.<sup>2</sup> While there are now Oxford Houses in 43 states, more than half the houses are located in seven states and ten percent are in North Carolina. OHI – the umbrella, 501(c)(3), organization for all Oxford Houses manages the start-up loan funds and technical assistance in the seven states having the most Oxford Houses. The table at the left estimates costs for various

numbers of Oxford Houses in states just starting the development of a network of Oxford Houses. To reflect current actual rental costs, the chart at the left uses \$6,000 as a start-up loan rather than the \$4,000 loan cap used in North Carolina and other states to comply with 42 USC 300x-25.<sup>3</sup>

<sup>2</sup> 42 USC 300X-25.

<sup>3</sup> PL 100-690, the 1988 Anti-Drug Abuse Act capped the start-up loan at \$4,000. It has not been changed since originally enacted even though inflation has more than doubled the amount. In North Carolina and other states with development programs, the inflation effect is overcome by collecting money from the initial residents to make up the difference between the loan cap and the amount needed to rent a new house and buy beds. Other furniture for the new house is usually available via donations from friends and families once the house starts.

## THE NORTH CAROLINA OXFORD HOUSES AND THEIR RESIDENTS

In North Carolina, after 25 years of development, there are 19 mutually-supportive chapters made up of 6 to 12 houses each. Officers from each of the houses get together in a chapter meeting once a month to learn from each other and share the experiences of their various houses. They also monitor each other to assure that each house is following the time-tested procedures of the Oxford House Manual© and meeting the conditions of their charter. The chapter officers also take part in the State Association that ties all the houses together within the state. Each spring the State Association sponsors a state convention in Raleigh.

Last May, more than 250 residents and alumni participated in the three-day state convention. Patterned after the Oxford House World Convention, the State Convention uses general sessions and breakout panels to bring all the attendees up-to-date about the latest finding concerning addiction and recovery. Convention participants are able to learn more about addiction and recovery and built additional social networks among those in recovery from other states and backgrounds.



Above are a few of the Oxford House residents and alums pictured outside the Raleigh Hilton Hotel. It was the site of the May 2015 NC State Convention.

Also, the socialization – from a golf tournament to a banquet – builds on self-confidence and the value of sobriety. Sober behavior becomes habit-forming and fosters long-term recovery.

### Addiction of Residents and Overdose Education

This survey of residents in NC Oxford Houses shows 47% of the residents in NC are primarily alcoholics. However, 53% are addicted to both alcohol and other drugs, including opioids such as heroin. Addiction and the behavior change leading to long-term recovery provide a common bond among all Oxford House residents. However, education about both alcoholism and other drug addiction is essential for development of comfortable sobriety. Relapses by alcoholics are relatively easy to detect. Relapses into other drug use are often more difficult to detect.



**Oxford House - Goldsboro**  
1300 East Ash Street  
Goldsboro, NC 27530  
*10 Men • Est. May 2001*

At the most recent state convention, particular emphasis was placed on learning about opioid addiction such as heroin overdoses and how to utilize naloxone in the event of any opioid overdose. Today, every Oxford House in the state has access to information of how to detect and provide emergency treatment for a heroin or other opioid overdose. Having such knowledge and access to naloxone can literally save a life in an emergency where an individual has overdosed on an opioid – usually heroin. Since all the residents in Oxford Houses are in recovery from addiction, they represent a population that can

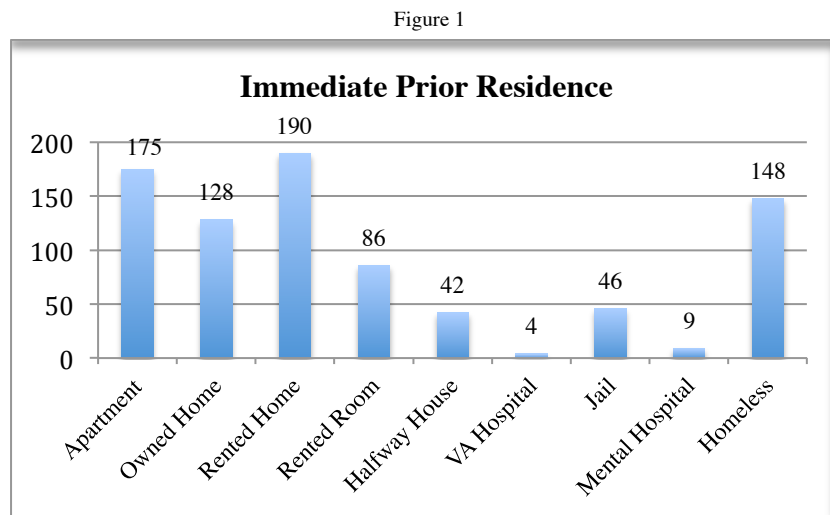


understand the consequences of drug overdose. Likewise they can understand the need to administer an antidote correctly and promptly for it to be effective. One of the main presenters at the state convention was an expert in the use of naloxone and how to get it and administer it. It can make the difference between life and death.

### Prior Residency and Support for Behavior Change

Treatment of alcoholism, drug addiction and co-occurring mental illness always requires behavior change even if such treatment involves the use of medications. The admonition used by the various twelve-step programs that the addict must “change people, places and things” is the commonsense code for overall behavior change. As Dr. Clark stated in his address to the recent national convention: “Oxford House is not just a place to live. It is also a way to gain whatever length of time an individual needs to become comfortable enough with new behavior to avoid a return to the old behavior of destructive addiction. As long as a resident abstains from using alcohol or illicit drugs and pays an equal share of household expenses, he or she can live in an Oxford House forever. The equal share of household expenses in North Carolina houses averages \$125 a week [range \$95 – \$155].

Figure 1 below shows where North Carolina Oxford House residents lived just prior to moving into an Oxford House:



More than a third [39%] had marginal living conditions – homelessness, mental hospital, jail, VA hospital, halfway house or a rented room [335 out of 864]. The others appear to have had more stable living environments – apartment, owned home or rented home – but even those living situations probably were fraught with the bad experiences and habits closely associated with addictive behavior. Oxford Houses provide a better place to live for anyone new in recovery and, even more important, Oxford Houses enable the behavior change necessary.

Oxford House provides the newcomer with an environment specifically designed to foster new behavior. Both the expectations and system of operations of each Oxford House provide practical tools to master whatever behavior change is needed. The expectation is the evidence-based outcome of long-term recovery based upon both a 40-year history and independent third-party research. Simply stated, most individuals who move into an Oxford House will stay clean and

sober and become comfortable enough in sobriety to avoid recidivism. Socialization with others in the same boat strengthens the newcomers desire to become comfortable enough in recovery to avoid relapse.

The mechanics of democratically operating an Oxford House helps the individual resident to gain confidence and comfortableness in new behavior. He or she has equal participation and an equal vote at the weekly business meeting deciding issues affecting the household. He or she is likely to be elected to an office within the ruling structure of the house. He or she has to make a decision on acceptance of new members and expulsion of those who relapse. He or she shares in the joy of successful house management from the paying of bills to the resolution of personality conflicts with the house. All of this takes place within the context of becoming comfortable enough with sobriety to avoid relapse. One academic study found that an Oxford House resident gains 'self-efficacy in abstinence' and 'self-mastery' – faster than those in a control group going to 12-step meetings but not living in an Oxford House.<sup>1</sup> AA and NA meetings provide focus on recovery for an hour. Some refer to Oxford House as “AA/NA in a house - 24/7.” There is always someone around to talk to about whatever is bothering a newcomer or an old-timer. A well-functioning family is how most Oxford House groups are best characterized.

### **Recovery and Relapse in North Carolina Oxford Houses**

North Carolina is one of the leading states in the development of statewide networks of Oxford Houses. During the last twelve months, 3,839 individuals resided in the North Carolina network of Oxford Houses.<sup>2</sup>



**Oxford House - Idlebrook**  
7704 Aragorn Lane  
Charlotte, NC 28212-4728  
8 M • Established December 1991

Most stayed clean and sober. However, 22.9% [891 residents] were not successful and were expelled by their peers because of relapse. Most of those who relapsed did so during their first two months of residency. It is likely that many of those who relapsed will get back into recovery and will reapply to live in one of the Oxford Houses in the state.<sup>3</sup> The relapse data, while better than the results shown in any other study of long term recovery, is higher than the 13% relapse rate DePaul University researchers found in their longitudinal study of 890 individuals living in 219 Oxford House nationally in 2006-2007.<sup>4</sup> The likely reason for the difference is that the DePaul researchers were following selected residents of

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<sup>1</sup> John Majer, Ph.D. Leonard Jason, Ph.D. and Bradley Olson, Ph.D., *Assessment*, Volume 11, No. 1, March 2004 57-63

<sup>2</sup> The 12-month period examined was November 1, 2014 through October 30, 2015. Total number of residents, 3,839; number of residents expelled for relapse, 891 [22.9%]. *Source*: Monthly Outreach Reports to OHI.

<sup>3</sup> The 22.9% relapse rate is slightly lower than 24% found in the 2007 study and slightly higher than the 21% found in the 2008 study. [Both studies can be downloaded from [www.oxfordhouse.org](http://www.oxfordhouse.org) “Publications/Evaluations/State.”]

<sup>4</sup> Leonard Jason, Ph.D. *et al.*, *Addictive Behaviors* 32 [2007] 803-818.

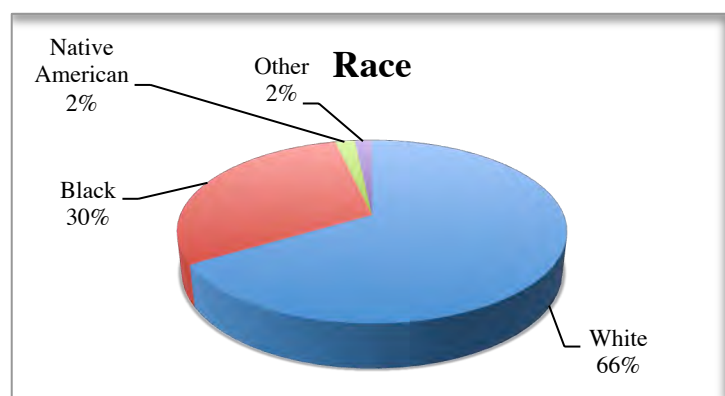
219 Oxford Houses rather than following every single individual who moved into an Oxford House. If a person agreed to participate in such a study in the first place, that person probably had a high motivation to stay clean and sober to begin with. In this study, every resident is counted – a 100% participation rate and yet 77 out of 100 stayed clean and sober.

The average length of sobriety among the residents of NC Oxford Houses participating in the survey was 9.3 months in spite of the fact that the average number of times residents had previously been in treatment averaged 5.1 times with a median of 4. As prior evaluations of NC Oxford Houses has shown,<sup>8</sup> the vast majority of Oxford House residents stop relapsing and stay clean and sober.

### **Racial Composition of NC Oxford House Residents**

Oxford House residents come from a cross-section of North Carolinians reflecting the egalitarian nature of addiction. The graph below shows the racial diversity of residents.

Figure 2



The figure at the left shows that the racial composition of Oxford House residents in North Carolina. The 864 Oxford House residents were 66% White, 30% Black; and 2% Native American. The 2014 U. S. Census shows the overall racial make-up of all residents in North Carolina to be about 71% White, 1.6% Native American and 22% Black.

Alcoholism and drug addiction are egalitarian diseases. Irrespective of race, education, economic status or any other criterion, a relatively equal percentage of those who use alcohol or other addictive drugs will become addicted. Once addicted, only a few will master long-term recovery.

### **Prior Incarceration of Residents and Focused Oxford House Outreach**

Once addicted, an individual's life or behavior tends to become chaotic. The chaos often leads to arrest, conviction and incarceration. Of the 864 NC Oxford House residents in the survey, 78.5% have done jail or prison time. The average length of total jail or prison time among NC Oxford House residents is 23 months with a median of 12 months. Usually, arrests and time in prison and jail reflects cycling in and out of trouble related to behavior associated with the individual's addiction.

Among NC survey participants, the average number of self-reported arrests is 3.3 times. As shown in Figure 1, nearly 40% of the residents in North Carolina Oxford Houses came into an Oxford House from very marginal living situations – homelessness, rented room, jail or a halfway house. Among all residents, the average number of times in treatment was 5.1 with a

<sup>8</sup> See the 2007 and 2008 NC Evaluations.

median of 4 times. Without Oxford House living, it is likely that the pattern of repeated treatment and/or incarceration would be continued.

Jail or prison time by Oxford House residents has been relatedly consistent over time. Figure 3 below shows data from surveys in 2006, 2008 and the current 2015 survey.

Figure 3  
**North Carolina Oxford House Resident Prior Incarceration**

Year	2006	2008	2015
<b>Total Average Jail Time</b>	18 months	18 months	23 months
<b>Percent Incarcerated</b>	79.5%	81.3%	78.5%

In an effort to reach more recovering individuals being released from incarceration, OHI has used some funding to directly reach out to individuals re-entering society. For example, 46 of the residents in this year’s survey had moved directly from jail or prison into an Oxford House. Kurtis Taylor [at right] heads up the OHI outreach project to reach the potential Oxford House applicant leaving jail or prison. He arranges an interview by the house residents before a prisoner’s release.



If accepted by a house, the applicant is met as he or she is leaving incarceration and given a ride directly to the house. While getting a ride directly to an Oxford House may seem minor, in reality, it permits the individual to avoid people, places and things that might encourage a prompt return to using alcohol and/or other drugs. Unfortunately, most periods of incarceration for the alcoholic and drug addict simply whet the appetite for resumption of addictive use as soon as one gets out of each period of incarceration. The direct ride to an Oxford House avoids this temptation.

The population entering Oxford House directly from jail or prison has an average age of 37.4 years – about seven years younger than the average age of the overall NC Oxford House population. Of the 46 who came into an Oxford House directly from jail; 32 are male and 14 are female; 15 [32.6%] are Black and 31 are white [67.4%]. Four of the 46 individuals who came to Oxford House directly from jail or prison are full-time students.

**Educational Attainment and Availability of Houses to Students in Recovery**

Oxford House residents in the survey had an average of 12.9 years of education. Some of the residents, however, had only minimal education while others had gone must further in their education.

Recovery from addiction is, as Dr. Westley Clark noted at the Oxford House national convention, a reinvention of one’s life. Part of the reinvention can include becoming better equipped for career and employment. Education and sobriety can go hand in hand and, to the extent it is promoted by the state and Oxford House partnership, many more current and future Oxford House residents can benefit from it.

Within the past year OHI has established Oxford Houses close to universities within the state. Specifically, two houses in Chapel Hill have been established close to the University of North Carolina and all the residents are full-time students. There are a total of 15 Oxford Houses in Chapel Hill – 8 for men and 7 for women. The concentration of houses in Chapel Hill provides support to the newer houses. The only difference between the student-designated houses and the thirteen other houses is that the university guarantees relocation to university housing in the event of expulsion from an Oxford House.



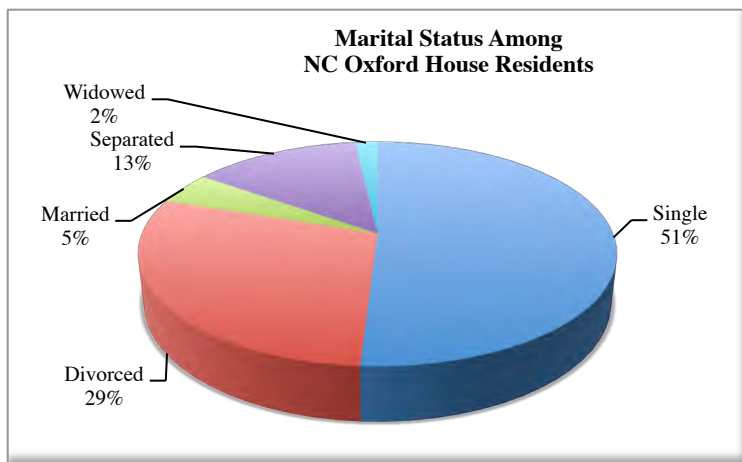
**Oxford House - Gardner Circle**  
 200 Gardner Circle  
 Chapel Hill, NC 27516  
*10 Women • Established October 2015*

At the time of the 2015, survey of 864 North Carolina Oxford House residents, 17 were full-time students. As Oxford Houses continue to expand in the state, OHI outreach workers will let higher educational institutions in areas of expansion know about how Oxford Houses work and encourage any students in recovery to consider Oxford House living.

OHI will continue to monitor the new Oxford Houses dedicated to students in Chapel Hill and let other institutions know of their hopefully continuing success.

### Marital Status of Residents

Figure 4



Alcoholism, drug addiction and co-occurring mental illness take a big toll on individuals living together. Most Oxford House residents [51%] have never been married. Of those who had been married, 42% were either separated or divorced. Only 5% were still married. This is consistent with the profile of Oxford House residents nationally and with those in earlier years of Oxford House NC evaluations.

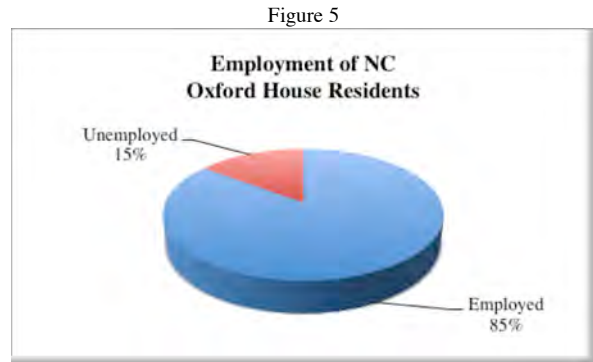
Prior treatment, incarceration and arrest histories were not significantly different among the individuals based on marital status. There is also no significant difference on marital status based on gender.

It is also clear that untreated alcoholism, drug addiction and co-occurring mental illness seemed to be a significant reason that 42% of the residents fell within the separated or divorce category.



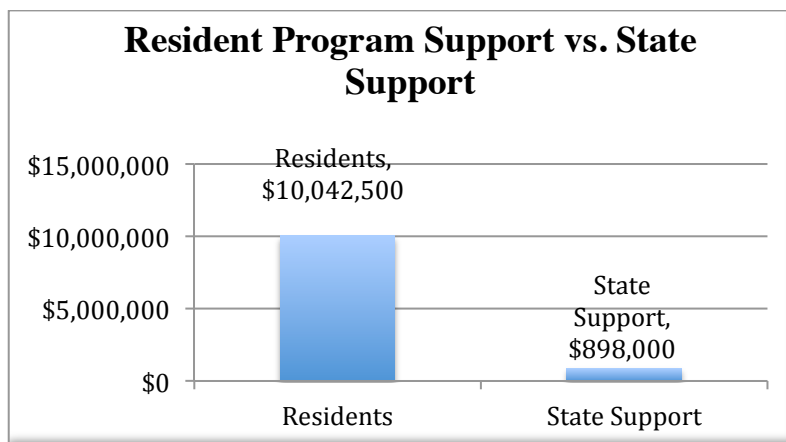
## Employment and Earnings

Among the 864 participants in the survey, 134 are in receipt of Social Security or disability income, or are full-time students and not in the workforce. Of those in the workforce [727], 620 were employed [85%] and 107 [15%] were looking for work. Those who are not in the workforce consist of Social Security recipients [34]; disability benefits recipients [46]; students [15]; or VA benefit recipients [11]. Their income is sufficient to pay their equal share of household expenses the same as those who are employed or who are looking for full-time employment. The average income of all the residents of North Carolina Oxford Houses is \$1,423 a month. The average income of those who are employed is \$1,670. Using the overall average income, the total income of North Carolina Oxford House residents is over \$26 million per year – a substantial addition to the economy of the state.



The state – from all sources – spends less than \$1 million a year to develop and maintain the statewide network of Oxford Houses.<sup>9</sup> On the other hand the residents of the North Carolina Oxford Houses themselves pay landlords and utilities \$10,042,500 a year by paying an equal share of household expenses of \$125 a week. See Figure 5 below:

Figure 6



The self-support feature of Oxford House helps the taxpayers by providing a low cost opportunity for recovering individuals to stay clean and sober and helps the Oxford House residents by giving them an opportunity to take pride in the fact that they are paying their own way.

<sup>9</sup> The total funding of OHI from all sources in the state for FY 2015 is approximately \$898,000. Of that amount, \$450,000 is from DHSS federal pass through funds and \$179,000 is from DHSS state funds for a total of \$629,000 directly from the state agency. The remainder [\$269,000] comes from Wake County ABC, CASP and behavioral health organizations in Wake County and Bern – all of which is earmarked for specific purposes.

Oxford House residents are sometimes faced with expenditures beyond basic household expenses. During the last twelve months, residents in North Carolina Oxford Houses have spent over \$85,000 to get rid of bedbugs. Bedbugs are pesky and are difficult to exterminate. Because many residents come from homeless or infested living conditions, they will bring bedbugs with them. Professional extermination can rid a house of bedbugs but then the house must be careful to keep them out. New residents are now required to make certain that all their possessions are put through high heat in a clothes dryer to make sure none of the unwanted bedbug passengers get into the house. The community spirit among NC Oxford House residents and the effective networking among all of the houses in the state is to be commended. While costly to the residents, the recent bedbug problem was eliminated and prevention actions will apply to future Oxford Houses.

### **Veterans in Oxford House**

While 11% of the residents in NC Oxford Houses are veterans, greater effort needs to be made by houses and chapters to reach out to Veterans Hospitals and rehabilitation facilities within the state to increase the number of veterans living in Oxford Houses. Experience has shown that veterans recovering from alcoholism, drug addiction and co-occurring mental illness do well in Oxford Houses. In 2006, the percentage of veterans in NC Oxford Houses was 15.6% and, in 2008, it was 18%. The decline to 11% in 2015 is perhaps the result of additional growth in the number of Oxford Houses in the state [113 to 200] but more likely it reflects less interaction with Veterans Hospitals and clinics. Greater effort needs to be made to reach out to veteran's facilities in North Carolina. We know that vets in recovery do well in the Oxford House living environment and Oxford House wants to make the opportunity for Oxford House living available to more of them.

### **Gender**

Responses to the 2015 North Carolina survey were received from 241 women and 623 men. At the time of the survey, there were 357 recovery beds for women in North Carolina Oxford Houses and 1,067 beds for men. The percentage of men in the NC resident survey was 72.1% and for women 27.9% – almost exactly the same percentages in the survey as in number of beds.



**Oxford House - Suite**  
6705 Mallard Creek Drive  
Charlotte, NC 28262  
8 Women • Established November 2014

The latest TEDS data available [2012] shows that of those who had treatment for substance abuse in North Carolina 68.1 were male and 31.9% were female.

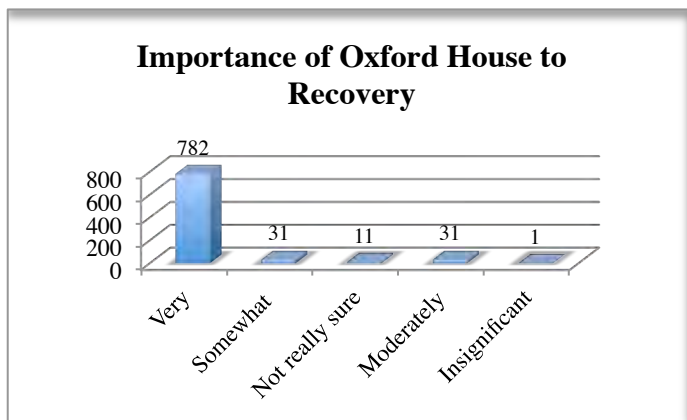
Direct intake from jail or prison does not account for the slightly higher percentage of men in NC Oxford Houses. An examination of the 44 individuals who entered Oxford House directly from jail or prison shows an almost identical percentage breakdown as those going through treatment 68.2 males and 31.8 females. The fact that a higher percentage of men come into

Oxford House is probably attributable in part to the fact that many women leaving treatment have children at home and return home as soon as possible.

### Satisfaction Among Oxford House Residents

In the survey, residents were asked to evaluate their satisfaction with Oxford House living. 97.4% of the 864 residents in the survey would recommend Oxford House living to a very close

Figure 7



friend in recovery. Only 7 of the 864 in the survey would not and each of them had resided in an Oxford House less than 30 days. Perhaps they also would recommend Oxford House after they had lived in one a little longer. Respondents were also asked to evaluate the importance of Oxford House living to their own recovery. The figure at the left shows the responses. Almost everyone indicated that Oxford House living was very important to their own

personal recovery. Findings from this question have been consistent among Oxford House residents in every survey conducted in North Carolina and elsewhere. There are three reasons that satisfaction is so high: [1] living in an Oxford House is by choice, not requirement or mandate; [2] the system of operation in an Oxford House involves each individual in a egalitarian way; and [3] the success in mastering recovery both individually and for fellow Oxford House residents results in pride in both their individual accomplishments and the institution that fostered the recovery.

### CONCLUSION – PROSPECTS AND CHALLENGES

Many, many individuals have mastered recovery by living in the North Carolina network of Oxford Houses. The program works and will continue to work for current and future residents.

#### Challenges – Combatting Municipal Zoning Discrimination and Intolerance

Jacksonville, Wilmington, New Bern, New Hanover County, Charlotte, Cary are just some of the North Carolina jurisdictions that issued zoning violations against landlords during 2015. Even where spacing requirements are not in play, these jurisdictions tend to favor prolonged text amendments in existing zoning laws to authorize Oxford Houses. Raleigh, Durham, Wilmington and Winston Salem continue to have spacing requirements for group homes and require prior approval for groups of recovering individuals to rent properties to start new recovery homes. All of these local legal requirements act as barriers to expanding the network of North Carolina Oxford Houses. OHI handles each one without causing the agency or the state any additional workload or intervention. However, it is important to understand that these NIMBY tools slow down the necessary expansion of Oxford Houses within the state.

The Federal Fair Housing Act Amendments of 1988 [FHA] were specifically designed to protect handicapped individuals from being discriminated against when it came to living in places that help to alleviate their handicap conditions. In 1995, the United States Supreme Court accepted the case of the *City of Edmonds, WA v. Oxford House, Inc.*, 514 U.S. 725 (1995) specifically to resolve a misunderstanding of the protections afforded under the FHA. In that case, the Court found that ‘recovering’ alcoholics and drug addicts should be considered within the definition of ‘handicap’ and were thereby a protected class under the FHA. Throughout the country, most jurisdictions accept that the *City of Edmonds Case* means that groups of individuals recovering from alcoholism, drug addiction and co-occurring mental illness, who chose to live together to support their recovery, should be treated the same as an ordinary family and not be subject to zoning or safety requirements that don’t apply to ordinary families.



**Oxford House - Jacksonville**  
107 Winthrop Way  
Jacksonville, NC 28546  
7 Men • Established June 2015

Unfortunately, some local governments attempt to placate local NIMBY protesters by attempting to thwart the location of group home in residential neighborhoods. It is a reality and a hindrance to expansion of Oxford Houses. These barriers should be removed. Perhaps calling attention to the practice will be helpful.

The stress and conflict surrounding NIMBY problems does not seem to affect the residents of an Oxford House adversely even when its existence is being contested. The residents tend to bond together and withstand any community pressure. However, such events divert the time and skill of Oxford House outreach workers and cost money in attorney’s fees for both the community and OHI. While OHI tries to avoid such situations, it can only do so much. Ideally, the best solution would be acceptance of the fact that Oxford Houses make good neighbors and the program is an evidenced-based best practice to long-term recovery for alcoholics, drug addicts and those with co-occurring mental illness.

## Prospects

Going forward, Oxford House will continue to support the maintenance and development of the thriving network of Oxford Houses in North Carolina. The network is strong and the residents are committed to their own recovery and that of their fellow residents.

Oxford House is listed as a best practice on the federal government’s National Registry of Evidence-based Programs and Practices (NREPP). This designation is due in large part to the willingness of Oxford House to examine its own program – as has been done in this report – and to permit academic third-party research on the Oxford House program. The Oxford House program offers many individuals the opportunity to develop long-term sobriety without relapse by living in an Oxford House.

# Oxford Houses of North Carolina Directory

## **Oxford House - Asheboro**

1000 S. Church Street  
Asheboro, NC 27203-6345  
336-625-3752  
8 / M  
*Oxford House since Oct '02*

## **Oxford House - Main Street**

617-5 South Main Street  
Asheboro, NC 27203-6449  
336-625-5059  
6 / M  
*Oxford House since Mar '06*

## **Oxford House - Church Street**

95 Church Street  
Asheville, NC 28801-3623  
828-258-1560  
9 / W  
*Oxford House since Mar '91*

## **Oxford House - Euclid**

163 Euclid Boulevard  
Asheville, NC 28806-4538  
828-350-0720  
7 / M  
*Oxford House since Feb '03*

## **Oxford House - Asheville**

16 Michigan Avenue  
Asheville, NC 28806-4109  
828-254-2768  
7 / M  
*Oxford House since Jul '91*

## **Oxford House - Wyoming**

72 Wyoming Road  
Asheville, NC 28803-2431  
828-424-7243  
8 / W  
*Oxford House since Dec '03*

## **Oxford House - Round Top**

9 Round Top Road  
Asheville, NC 28803-1912  
828-575-9938  
7 / M  
*Oxford House since Mar '05*

## **Oxford House - State Street**

156 State Street  
Asheville, NC 28806-3362  
828-575-9411  
8 / M  
*Oxford House since Jun '11*

## **Oxford House - Aurora II**

211 Aurora Drive  
Asheville, NC 28805-1705  
828-424-7471  
7 / M  
*Oxford House since Oct '11*

## **Oxford House - Brevard**

17 Appletree Street  
Brevard, NC 28712-4183  
828-862-8611  
7 / M  
*Oxford House since Jan '14*

## **Oxford House - Carrboro**

1200 W. Main Street  
Carrboro, NC 27510-1555  
919-370-4327  
8 / M  
*Oxford House since Jul '96*

## **Oxford House - Weatherhill**

109 Weatherhill Pointe  
Carrboro, NC 27510-2614  
919-537-8049  
6 / WC  
*Oxford House since Jan '10*

## **Oxford House - Oakridge**

301 Oakridge  
Cary, NC 27511-4515  
919-468-9306  
9 / M  
*Oxford House since Oct '96*

## **Oxford House - Cary**

408 SE Maynard Road  
Cary, NC 27511-4514  
919-651-9603  
8 / M  
*Oxford House since Aug '10*

## **Oxford House - Pond**

1221 Pond Street  
Cary, NC 27511-4417  
919-651-9456  
8 / W  
*Oxford House since Aug '10*

## **Oxford House - Askham**

1115 Askham Dr  
Cary, NC 27511-4704  
919-234-6008  
9 / M  
*Oxford House since Feb '13*

## **Oxford House - Buck Jones**

1506 Walnut St  
Cary, NC 27511  
919-678-3006  
8 / M  
*Oxford House since Apr '14*

## **Oxford House - Pamlico**

702 SW Maynard Rd  
Cary, NC 27511  
919-377-8108  
8 / M  
*Oxford House since Jun '15*

## **Oxford House - Vermel Court**

103 Vermel Ct.  
Cary, NC 27513  
919-650-1086  
8 / WC  
*Oxford House since Sep '15*

## **Oxford House - Homestead**

324 Scarlet Drive  
Chapel Hill, NC 27517-5516  
919-370-4263  
7 / M  
*Oxford House since Apr '99*

## **Oxford House - Carolina Avenue**

110 Carolina Ave  
Chapel Hill, NC 27514-3200  
919-370-4380  
7 / W  
*Oxford House since Feb '02*

## **Oxford House - Daley**

2219 Daley Road  
Chapel Hill, NC 27514-5125  
919-370-3193  
9 / M  
*Oxford House since Dec '06*

## **Oxford House - Franklin Street**

132 Windsor Circle  
Chapel Hill, NC 27516-1206  
919-370-3518  
7 / W  
*Oxford House since Jan '04*

## **Oxford House - Kings Mill Road**

100 Stateside Dr.  
Chapel Hill, NC 27514  
919-240-5147  
7 / M  
*Oxford House since Feb '04*

## **Oxford House - Willow**

1307 Willow Drive  
Chapel Hill, NC 27517-3030  
919-370-7548  
8 / M  
*Oxford House since Sep '06*

## **Oxford House - Morgan Creek**

328 Azalea Drive  
Chapel Hill, NC 27517-8105  
919-240-4313  
10 / M  
*Oxford House since Sep '07*

## **Oxford House - Cedar Hills**

107 Lonebrook Dr  
Chapel Hill, NC 27516-1624  
919-370-3350  
8 / W  
*Oxford House since Dec '07*

## **Oxford House - Swann**

141 Vintage Drive  
Chapel Hill, NC 27516  
919-537-8483  
6 / W  
*Oxford House since Sep '08*

## **Oxford House - Christopher Road**

634 Christopher Road  
Chapel Hill, NC 27514-5614  
919-537-8785  
8 / M  
*Oxford House since Dec '08*

## **Oxford House - Covington**

112 Covington Drive  
Chapel Hill, NC 27514-6846  
919-251-9078  
6 / W  
*Oxford House since Aug '11*

## **Oxford House - Estes**

408 N Estes Dr  
Chapel Hill, NC 27514-7629  
919-240-5731  
9 / W  
*Oxford House since Jul '13*

## **Oxford House - Greene Street**

230 Greene Street  
Chapel Hill, NC 27516  
919-903-9542  
11 / M  
*Oxford House since Feb '15*

## **Oxford House - Merritt Mill**

711 S. Merritt Mill Road  
Chapel Hill, NC 27516  
919-914-6377  
11 / M  
*Oxford House since Jun '15*

## **Oxford House - Gardner Circle**

200 Gardner Circle  
Chapel Hill, NC 27516  
919-616-3020  
10 / W  
*Oxford House since Oct '15*

## **Oxford House - Dinglewood**

301 Blackthorne Lane  
Charlotte, NC 28209-2603  
980-225-7194  
7 / M  
*Oxford House since Sep '96*

## **Oxford House - Piedmont**

712 Jackson Ave  
Charlotte, NC 28204-2057  
980-233-8863  
6 / M  
*Oxford House since Nov '95*



**Oxford House - Stillwell Oaks**

114 Stilwell Oaks Circle  
Charlotte, NC 28212-8471  
980-219-8048  
7 / M

*Oxford House since Jun '01*

**Oxford House - Wyanoke**

220 Wyanoke Avenue  
Charlotte, NC 28205-6143  
980-406-3559  
7 / M

*Oxford House since Sep '98*

**Oxford House - Bluff Wood Cove**

7021 Bluff Wood Cove  
Charlotte, NC 28212-5819  
704-910-6005  
6 / M

*Oxford House since May '91*

**Oxford House - Fieldbrook**

309 Fieldbrook Place  
Charlotte, NC 28209-2245  
704-405-7907  
6 / M

*Oxford House since Aug '98*

**Oxford House - Idlebrook**

7704 Aragorn Lane  
Charlotte, NC 28212-4728  
704-719-1144  
7 / M

*Oxford House since Dec '91*

**Oxford House - Carriage**

4708 Carriage Drive Circle  
Charlotte, NC 28205-4922  
980-236-7073  
6 / M

*Oxford House since Mar '03*

**Oxford House - Shamrock**

6915 Idlewild Road  
Charlotte, NC 28212-5726  
704-344-1525  
6 / W

*Oxford House since Oct '00*

**Oxford House - Folkston Drive**

2034 Gilbert Street  
Charlotte, NC 28216-4334  
704-568-2007  
7 / M

*Oxford House since Jun '04*

**Oxford House - Havenwood**

1112 Northwood Drive  
Charlotte, NC 28216-3109  
704-719-4518  
7 / M

*Oxford House since Apr '05*

**Oxford House - Sudbury**

5308 Kildare Drive  
Charlotte, NC 28205-2210  
980-938-5585  
7 / M

*Oxford House since Apr '05*

**Oxford House - Spray**

5304 Rock Spray Court  
Charlotte, NC 28215-4162  
980-272-6698  
7 / M

*Oxford House since Jan '06*

**Oxford House - Cedarwild**

2701 Cedarwild Rd  
Charlotte, NC 28212-6435  
980-299-5134  
8 / M

*Oxford House since Feb '06*

**Oxford House - Mayridge**

6111 Idlebrook Drive  
Charlotte, NC 28212-4728  
704-537-8700  
8 / M

*Oxford House since Oct '06*

**Oxford House - Ilford**

5617 Ilford Street  
Charlotte, NC 28215-2412  
704-900-6268  
8 / W

*Oxford House since Jul '07*

**Oxford House - Hyde Park**

4700 Meridian Drive  
Charlotte, NC 28216-2326  
704-595-3786  
7 / M

*Oxford House since Apr '10*

**Oxford House - Sharon-Amity**

252 N. Sharon Amity Road  
Charlotte, NC 28211-3048  
704-900-7024  
8 / W

*Oxford House since Sep '11*

**Oxford House - Sharmeck**

7140 Idlewild Rd  
Charlotte, NC 28212-5763  
704-575-9133  
6 / M

*Oxford House since Jun '12*

**Oxford House - Fox Run**

1317 Fox Run Dr  
Charlotte, NC 28212-7123  
980-201-9865  
7 / M

*Oxford House since Dec '12*

**Oxford House - Irvington**

4016 Irvington Dr  
Charlotte, NC 28205  
980-237-8837  
7 / W

*Oxford House since Nov '13*

**Oxford House - Suite**

6705 Mallard Creek Drive  
Charlotte, NC 28262  
980-237-2868  
8 / W

*Oxford House since Nov '14*

**Oxford House - Chance**

4001 Elmdale Ct  
Charlotte, NC 28206  
919-520-5793  
8 / W

*Oxford House since Mar '15*

**Oxford House - Bosselli**

6630 Ware Road  
Charlotte, NC 28212  
703-447-3932  
6 / W

*Oxford House since Mar '15*

**Oxford House - Bromwich**

1924 Bromwich Rd  
Charlotte, NC 28208  
980-819-8532  
6 / M

*Oxford House since May '15*

**Oxford House - Dunn**

600 South Fayetteville Avenue  
Dunn, NC 28334-5718  
910-292-3059  
8 / M

*Oxford House since Aug '99*

**Oxford House - Driver**

3013 Oxford Drive  
Durham, NC 27707-3840  
919-767-4919  
9 / M

*Oxford House since Jul '91*

**Oxford House - Durham**

203 Pekoe Street  
Durham, NC 27707-3111  
919-425-1929  
9 / M

*Oxford House since Apr '93*

**Oxford House - Peace Street**

2815 Wyeth Avenue  
Durham, NC 27707-4026  
919-381-6647  
9 / M

*Oxford House since Jul '98*

**Oxford House - Shirley Street**

2510 Shirley Street  
Durham, NC 27705-3892  
919-237-2694  
11 / M

*Oxford House since Mar '97*

**Oxford House - Triangle**

5218 Revere Road  
Durham, NC 27713-2507  
919-767-5956  
7 / W

*Oxford House since May '98*

**Oxford House - Guess Road**

3519 Guess Road  
Durham, NC 27705-2109  
919-765-5481  
8 / M

*Oxford House since Sep '05*

**Oxford House - Amhurst Road**

6420 Amhurst Road  
Durham, NC 27713-9749  
919-237-3401  
8 / W

*Oxford House since Aug '07*

**Oxford House - Maynard**

412 E. Maynard Avenue  
Durham, NC 27704-3208  
919-294-6598  
6 / M

*Oxford House since Jan '08*

**Oxford House - Gardenview**

8 Gardenview Place  
Durham, NC 27713-6673  
919-251-9831  
8 / W

*Oxford House since Mar '08*

**Oxford House - Morreene Road**

518 Morreene Road  
Durham, NC 27705-2925  
919-767-0099  
10 / M

*Oxford House since May '08*

**Oxford House - Spaulding**

103 Erie Street  
Durham, NC 27707-3101  
919-381-4931  
7 / M

*Oxford House since Aug '08*

**Oxford House - Ferris**

715 Ferris Road  
Durham, NC 27704-1710  
919-237-2667  
7 / M

*Oxford House since Nov '09*

**Oxford House - McGehee**  
2411 McGehee Street  
Durham, NC 27707  
919-908-9078  
6 / M  
*Oxford House since Dec '14*

**Oxford House - Haymount**  
902 Arsenal Avenue  
Fayetteville, NC 28305-5328  
910-778-8109  
6 / M  
*Oxford House since Jan '00*

**Oxford House - Raeford Road**  
5111 Spruce Drive  
Fayetteville, NC 28304-2322  
910-568-5199  
6 / M  
*Oxford House since May '99*

**Oxford House - Spruce**  
816 Stamper Rd  
Fayetteville, NC 28303-4136  
910-779-0928  
8 / M  
*Oxford House since Jan '95*

**Oxford House - Stedman**  
1605 Morganton Road  
Fayetteville, NC 28305-4737  
910-323-1273  
6 / M  
*Oxford House since Apr '93*

**Oxford House - Elder**  
5214 Cypress Road  
Fayetteville, NC 28304-2302  
910-425-8221  
6 / M  
*Oxford House since Jan '03*

**Oxford House - Cypress Road**  
5307 Cypress Road  
Fayetteville, NC 28304-2305  
910-433-9123  
6 / W  
*Oxford House since Jan '07*

**Oxford House - Devonshire**  
4625 Devonshire Dr  
Fayetteville, NC 28304  
910-491-3676  
7 / M  
*Oxford House since Oct '13*

**Oxford House - McGregor**  
5605 McGregor Ct  
Fayetteville, NC 28304-2025  
919-673-1042  
8 / W  
*Oxford House since Jan '14*

**Oxford House - Montclair Road**  
621 Montclair Rd  
Fayetteville, NC 28314  
919-673-1042  
7 / M  
*Oxford House since Aug '14*

**Oxford House - Garner**  
117 Broughton Street  
Garner, NC 27529-2005  
919-329-0325  
8 / M  
*Oxford House since Jan '04*

**Oxford House - Faith**  
315 East Third Avenue  
Gastonia, NC 28054-0435  
704-671-4376  
8 / M  
*Oxford House since Dec '09*

**Oxford House - Goldsboro**  
1300 East Ash Street  
Goldsboro, NC 27530-5106  
919-583-8441  
10 / M  
*Oxford House since May '01*

**Oxford House - Mulberry**  
1008 E. Walnut Street  
Goldsboro, NC 27530-5157  
919-735-1241  
6 / W  
*Oxford House since Aug '01*

**Oxford House - Alamance**  
109 Albright Avenue  
Graham, NC 27253-2701  
336-437-8212  
8 / M  
*Oxford House since Aug '00*

**Oxford House - Aycock**  
1030 South Aycock Street  
Greensboro, NC 27403-2904  
336-370-0070  
8 / M  
*Oxford House since Jul '01*

**Oxford House - Fawn**  
2208 Fawn Street  
Greensboro, NC 27403-3606  
336-355-9472  
8 / M  
*Oxford House since Oct '01*

**Oxford House - Irving Park**  
2602 Spring Garden Street  
Greensboro, NC 27403-2047  
336-676-4096  
8 / M  
*Oxford House since May '99*

**Oxford House - Madre**  
835 Glenwood Avenue  
Greensboro, NC 27403-2816  
336-617-3038  
7 / M  
*Oxford House since Jul '00*

**Oxford House - Mendenhall**  
909 B Morehead Avenue  
Greensboro, NC 27403-2797  
336-272-6674  
7 / M  
*Oxford House since Jun '98*

**Oxford House - Morehead**  
909 C Morehead Avenue  
Greensboro, NC 27403-2797  
336-370-0900  
8 / M  
*Oxford House since Jun '96*

**Oxford House - Onslow**  
2015 Pine Bluff Street  
Greensboro, NC 27403-3226  
336-617-3194  
7 / M  
*Oxford House since Apr '93*

**Oxford House - Walker**  
909 A Morehead Avenue  
Greensboro, NC 27403-2797  
336-230-2128  
7 / M  
*Oxford House since Jun '97*

**Oxford House - Azalea**  
2600 Azalea Drive  
Greensboro, NC 27407-5918  
336-617-6032  
6 / M  
*Oxford House since Jul '03*

**Oxford House - Harvard**  
4203 Harvard Avenue  
Greensboro, NC 27407-1709  
336-541-8155  
8 / M  
*Oxford House since Jan '04*

**Oxford House - Fleming**  
5310 Tower Road  
Greensboro, NC 27410-5261  
336-285-9012  
7 / M  
*Oxford House since May '05*

**Oxford House - Spicewood**  
1916 Oak Street  
Greensboro, NC 27403-2637  
336-617-4451  
8 / W  
*Oxford House since Jun '05*

**Oxford House - Vandalia**  
1208 West Vandalia Road  
Greensboro, NC 27406-5607  
336-763-7400  
7 / M  
*Oxford House since Jun '05*

**Oxford House - Westhaven**  
1600 Marion St  
Greensboro, NC 27403-3647  
336-547-0778  
8 / W  
*Oxford House since Sep '06*

**Oxford House - Repon**  
3809 Repon Street  
Greensboro, NC 27407-5536  
336-547-6008  
7 / M  
*Oxford House since Mar '07*

**Oxford House - Fontaine**  
1302 Granada Ln  
Greensboro, NC 27407-4023  
336-547-9407  
7 / W  
*Oxford House since May '08*

**Oxford House - Glen Haven**  
1010 West Meadowview Road  
Greensboro, NC 27406-4140  
336-676-5516  
6 / M  
*Oxford House since May '11*

**Oxford House - Springdale**  
14 Springdale Ct  
Greensboro, NC 27403-2520  
336-763-0227  
8 / M  
*Oxford House since Sep '13*

**Oxford House - Vanstory**  
2200 Vanstory St  
Greensboro, NC 27403-3625  
336-763-2778  
8 / W  
*Oxford House since Dec '13*

**Oxford House - Mayflower**  
1703 Walker Ave  
Greensboro, NC 27403-2300  
336-763-3928  
6 / M  
*Oxford House since Jan '14*

**Oxford House - Crestridge**  
2006 Crestridge Rd  
Greensboro, NC 27403  
336-763-8812  
7 / M  
*Oxford House since Jul '14*

**Oxford House - Four Seasons**  
2511 Fontaine Rd.  
Greensboro, NC 27407  
336-763-0849  
7 / W  
*Oxford House since Aug '14*

**Oxford House - Antilla**  
4202 Antilla Pl  
Greensboro, NC 27407  
336-663-7957  
7 / M  
*Oxford House since Apr '15*

**Oxford House - Emerywood**  
2313 Westhaven Dr.  
Greensboro, NC 27403  
336-763-5321  
7 / M  
*Oxford House since Oct '15*

**Oxford House - Merryweather**  
3907 Raintree Dr  
Greensboro, NC 27407  
336-763-6081  
6 / M  
*Oxford House since Oct '15*

**Oxford House - Evans**  
1909 East 8th St  
Greenville, NC 27858-2918  
252-364-2822  
7 / W  
*Oxford House since Oct '02*

**Oxford House - Greenville**  
2521 S. Memorial Drive  
Greenville, NC 27834-5020  
252-756-1616  
8 / M  
*Oxford House since Jun '96*

**Oxford House - Dellwood**  
1428 Greenville Blvd SE  
Greenville, NC 27858-4623  
252-830-6700  
8 / M  
*Oxford House since Apr '05*

**Oxford House - Eastwood**  
1614 Greenville Blvd SE  
Greenville, NC 27858-4808  
252-413-0835  
8 / W  
*Oxford House since Jan '06*

**Oxford House - Glenwood II**  
203 Glenwood Avenue  
Greenville, NC 27834-5635  
252-321-2029  
7 / M  
*Oxford House since Jan '07*

**Oxford House - Red Banks**  
1401 Red Banks Road  
Greenville, NC 27858-5417  
252-565-5245  
8 / M  
*Oxford House since Nov '09*

**Oxford House - Charles St**  
2208 S Charles Blvd  
Greenville, NC 27858-5201  
252-364-8965  
8 / M  
*Oxford House since Jan '11*

**Oxford House - East Westwood**  
103 Westwood Drive  
Greenville, NC 27834-5013  
252-329-0200  
7 / M  
*Oxford House since Mar '12*

**Oxford House - Dickinson**  
2435 Dickinson Ave  
Greenville, NC 27834-5007  
252-751-0209  
8 / M  
*Oxford House since Feb '14*

**Oxford House - Oakmont**  
103 Churchside Dr.  
Greenville, NC 27858  
252-689-2482  
8 / M  
*Oxford House since Mar '15*

**Oxford House - Fairview**  
1901 Fairview Way  
Greenville, NC 27858  
919-673-1042  
9 / M  
*Oxford House since Oct '15*

**Oxford House - Henderson**  
169 Burwell Avenue  
Henderson, NC 27536-4152  
252-430-8679  
10 / M  
*Oxford House since Nov '94*

**Oxford House - Young**  
263 Charles Street  
Henderson, NC 27536-4327  
252-572-2906  
7 / M  
*Oxford House since Jun '96*

**Oxford House - Viewmont**  
326 25th Avenue NW  
Hickory, NC 28601-1248  
828-855-1016  
8 / W  
*Oxford House since Dec '08*

**Oxford House - Grace**  
822 7th Avenue Place SW  
Hickory, NC 28602-3217  
828-855-1427  
7 / M  
*Oxford House since Jul '09*

**Oxford House - Zmaura Way**  
755 2nd Avenue SW  
Hickory, NC 28602-2730  
828-855-3964  
9 / M  
*Oxford House since Dec '10*

**Oxford House - 11th Street**  
305 11th Street SW  
Hickory, NC 28602  
828-569-2149  
8 / M  
*Oxford House since Jun '14*

**Oxford House - Hayworth**  
1322 Westchester Avenue  
High Point, NC 27262-4564  
336-307-3259  
7 / W  
*Oxford House since Jun '93*

**Oxford House - Parkway**  
225 East Parkway Avenue  
High Point, NC 27262-3119  
336-307-2998  
8 / M  
*Oxford House since Jan '07*

**Oxford House - High Point**  
1504 Carolina Street  
High Point, NC 27265-3311  
336-307-2123  
7 / M  
*Oxford House since Feb '08*

**Oxford House - Old Winston Road**  
1008 North Side Dr  
High Point, NC 27265-1949  
336-307-3811  
8 / M  
*Oxford House since Jul '09*

**Oxford House - Wickliff**  
1409 Lyndhurst Dr  
High Point, NC 27262-4530  
336-905-7642  
8 / M  
*Oxford House since Feb '13*

**Oxford House - Rockspring**  
312 Rockspring Rd  
High Point, NC 27262-2514  
336-307-4532  
8 / M  
*Oxford House since Jun '13*

**Oxford House - Jacksonville**  
107 Winthrop Way  
Jacksonville, NC 28546  
910-378-7962  
7 / M  
*Oxford House since Jun '15*

**Oxford House - Soundside**  
609 Kelly Court  
Kill Devil Hills, NC 27948-9331  
252-441-8874  
7 / M  
*Oxford House since Sep '07*

**Oxford House - Ocean Acres**  
305 W Ocean Acres Drive  
Kill Devil Hills, NC 27948-7994  
252-207-0524  
7 / M  
*Oxford House since Jan '08*

**Oxford House - Bay**  
1201 7th Ave  
Kill Devil Hills, NC 27948-8269  
252-715-4393  
6 / M  
*Oxford House since Feb '13*

**Oxford House - Benfield**  
1310 Benfield Ave  
New Bern, NC 28562  
252-558-3692  
8 / W  
*Oxford House since Mar '15*

**Oxford House - Glenburnie Road**  
1010 Albemarle Court  
New Bern, NC 28562  
252-631-2285  
7 / M  
*Oxford House since Jul '15*

**Oxford House - Grove Circle**  
945 Grove Circle NW  
Ocean Isle Beach, NC 28469-3572  
910-712-0809  
6 / M  
*Oxford House since Nov '12*

**Oxford House - Brinkley**  
3705 Brinkley Road  
Raleigh, NC 27604-2567  
919-981-6523  
9 / M  
*Oxford House since Feb '03*

**Oxford House - Arrowwood**  
604 Delany Drive  
Raleigh, NC 27610-1612  
919-838-9939  
9 / M  
*Oxford House since Nov '97*

**Oxford House - Brentwood**  
3508 Utica Dr.  
Raleigh, NC 27609-7426  
919-876-9260  
9 / W  
*Oxford House since Jan '92*

**Oxford House - Crosslink**  
1025 Cross Link Road  
Raleigh, NC 27610-4840  
919-755-0603  
9 / M  
*Oxford House since Nov '94*

**Oxford House - Hearth**  
5104 Hearth Drive  
Raleigh, NC 27609-4724  
919-875-9656  
8 / M  
*Oxford House since Apr '97*

**Oxford House - Holly Drive**  
6904 Holly Drive  
Raleigh, NC 27615-5209  
919-844-3543  
7 / W  
*Oxford House since Oct '97*

**Oxford House - Lorimer**  
901 Lorimer Road  
Raleigh, NC 27606-1433  
919-851-1756  
9 / M  
*Oxford House since Feb '92*

**Oxford House - North Hills**  
220 Sawmill Road  
Raleigh, NC 27615-6149  
919-844-8311  
9 / W  
*Oxford House since Jan '93*

**Oxford House - Pinecrest**  
3233 Pinecrest Drive  
Raleigh, NC 27609-7436  
919-876-9335  
9 / M  
*Oxford House since Feb '96*

**Oxford House - Wimbleton**  
1182 Wimbleton Drive  
Raleigh, NC 27609-4357  
919-781-6505  
6 / M  
*Oxford House since Oct '91*

**Oxford House - Firelight**  
2600 Firelight Road  
Raleigh, NC 27610-5816  
919-834-8139  
9 / M  
*Oxford House since Jan '04*

**Oxford House - North Raleigh**  
5312 Dixon Drive  
Raleigh, NC 27609-4328  
919-784-8611  
9 / M  
*Oxford House since Feb '05*

**Oxford House - Mordecai**  
1133 Marshall Street  
Raleigh, NC 27604-1308  
919-325-9753  
9 / M  
*Oxford House since Dec '05*

**Oxford House - Battle Ridge**  
7208 Spanglers Spring Way  
Raleigh, NC 27610-5239  
919-326-8824  
4 / M  
*Oxford House since Feb '07*

**Oxford House - Steeds Run**  
6108 Steeds Run Drive  
Raleigh, NC 27616-5527  
919-803-1080  
8 / W  
*Oxford House since Nov '08*

**Oxford House - Van Thomas**  
721 Van Thomas Drive  
Raleigh, NC 27615-5242  
919-803-5547  
8 / W  
*Oxford House since Nov '09*

**Oxford House - Jones Franklin**  
136 Jones Franklin Road  
Raleigh, NC 27606-1514  
919-900-8538  
10 / M  
*Oxford House since Feb '11*

**Oxford House - New Hope**  
4213 Wedgewood Drive  
Raleigh, NC 27604-4941  
919-322-0011  
9 / M  
*Oxford House since Jun '11*

**Oxford House - Stockton Drive**  
5008 Stockton Drive  
Raleigh, NC 27606-2236  
919-803-3564  
8 / W  
*Oxford House since Nov '11*

**Oxford House - New Bern**  
1901 New Bern Avenue  
Raleigh, NC 27610-2426  
(919)803-4939  
7 / M  
*Oxford House since Jan '12*

**Oxford House - Quail Hollow**  
4301 Quail Hollow Dr  
Raleigh, NC 27609-6015  
919-803-5846  
8 / M  
*Oxford House since Jun '12*

**Oxford House - South Hills**  
636 Buck Jones Rd  
Raleigh, NC 27606-2273  
919-803-1652  
8 / W  
*Oxford House since Oct '12*

**Oxford House - Fox Road**  
4701 Fox Rd  
Raleigh, NC 27616-7823  
919-803-1352  
9 / M  
*Oxford House since Jan '13*

**Oxford House - Mantua**  
4105 Mantua Way  
Raleigh, NC 27604-3693  
919-803-7018  
8 / W  
*Oxford House since Mar '13*

**Oxford House - Lucerne**  
2904 Lucerne Pl  
Raleigh, NC 27604-2448  
919-803-1074  
8 / W  
*Oxford House since Apr '13*

**Oxford House - North Trail**  
216 North Trail Dr  
Raleigh, NC 27615-7222  
919-803-2867  
8 / M  
*Oxford House since Jul '13*

**Oxford House - Sue Lane**  
3920 Sue Lane  
Raleigh, NC 27604-4243  
984-232-0321  
8 / W  
*Oxford House since Aug '13*

**Oxford House - Durwood Lane**  
3636 Durwood Lane  
Raleigh, NC 27604-4217  
919-977-1227  
8 / M  
*Oxford House since Oct '13*

**Oxford House - Haven Road**  
2813 Haven Road  
Raleigh, NC 27610  
919-703-0952  
8 / W  
*Oxford House since Jun '14*

**Oxford House - Rangeley**  
5913 Rangeley Dr.  
Raleigh, NC 27609  
(919) 301-8707  
8 / M  
*Oxford House since Sep '14*

**Oxford House - Tyndall Ct.**  
7109 Tyndall Ct.  
Raleigh, NC 27615  
919-322-1926  
8 / W  
*Oxford House since Nov '14*

**Oxford House - Pinewood Lane**  
7205 Pinewood Ln.  
Raleigh, NC 27616  
919-977-8070  
9 / M  
*Oxford House since May '15*

**Oxford House - Grinnell**  
4924 Grinnell Dr.  
Raleigh, NC 27612  
919-720-4531  
10 / M  
*Oxford House since Oct '15*

**Oxford House - Roxboro**  
307 W. Gordon Street  
Roxboro, NC 27573-4920  
336-599-1721  
8 / M  
*Oxford House since Dec '08*

**Oxford House - Salisbury**  
801 Bringle Ferry Rd  
Salisbury, NC 28144-4023  
704-212-2493  
10 / M  
*Oxford House since Apr '93*

**Oxford House - Jackson Way**  
817 S. Jackson Street  
Salisbury, NC 28144-5433  
704-762-9800  
9 / W  
*Oxford House since Aug '11*

**Oxford House - Channing**  
1206 N Church Street  
Salisbury, NC 28144-3543  
704-245-6419  
9 / M  
*Oxford House since Dec '12*

**Oxford House - Cayshindren**  
906 S Church St  
Salisbury, NC 28144-6438  
704-870-2350  
9 / M  
*Oxford House since Jun '13*

**Oxford House - Cannon Park**  
701 Park Ave  
Salisbury, NC 28144-4503  
704-754-4012  
8 / M  
*Oxford House since Nov '13*

**Oxford House - West Thomas**  
119 W Thomas Street  
Salisbury, NC 28144-5447  
704-245-6174  
6 / W  
*Oxford House since Feb '14*

**Oxford House - North Main**  
705 N. Main Street  
Salisbury, NC 28144  
704-754-4998  
8 / M  
*Oxford House since May '14*

**Oxford House - Smithfield**  
602 East Church Street  
Smithfield, NC 27577-4512  
919-209-0042  
8 / M  
*Oxford House since Jan '00*

**Oxford House - Bost**  
683 N. Bost Street  
Statesville, NC 28677-3365  
704-380-3076  
8 / M  
*Oxford House since Aug '08*

**Oxford House - Camden Circle**  
1210 Forest Hills Dr.  
Wilmington, NC 28403-2525  
910-763-4487  
8 / M  
*Oxford House since Jul '94*

**Oxford House - Covil House**  
335 Lullwater Drive  
Wilmington, NC 28403-1529  
910-399-6358  
6 / M  
*Oxford House since Oct '96*

**Oxford House - Smith Creek**  
1131 N. Kerr Avenue  
Wilmington, NC 28405-2219  
910-792-6030  
8 / M  
*Oxford House since Jun '98*

**Oxford House - College Road**  
110 Lansdowne Rd  
Wilmington, NC 28409  
910-399-5228  
8 / W  
*Oxford House since Sep '14*

**Oxford House - Lyndhurst**  
2484 Lyndhurst Avenue  
Winston Salem, NC 27103-3513  
336-602-1832  
6 / M  
*Oxford House since Mar '01*

**Oxford House - Biscayne**  
310 Biscayne Street  
Winston Salem, NC 27104-3412  
336-293-8350  
7 / M  
*Oxford House since Mar '00*

**Oxford House - Hemlock II**  
1510 Cloverdale Ave  
Winston Salem, NC 27104-4325  
336-722-5511  
7 / M  
*Oxford House since Dec '05*

**Oxford House - Kinghill**  
4331 Indiana Avenue  
Winston Salem, NC 27105-2511  
336-842-3404  
8 / W  
*Oxford House since Dec '05*

**Oxford House - Brewer Road**  
1906 Brewer Road  
Winston Salem, NC 27127-4935  
336-293-8800  
7 / M  
*Oxford House since Feb '07*

**Oxford House - Shattalon**  
5175 Shattalon Dr.  
Winston Salem, NC 27106-1800  
336-923-5098  
7 / W  
*Oxford House since Mar '08*

**Oxford House - Reynolda**  
3851 Reynolda Road  
Winston Salem, NC 27106-1709  
336-923-5460  
8 / M  
*Oxford House since Aug '08*

**Oxford House - Southwin**  
4902 Southwin Drive  
Winston Salem, NC 27104-4635  
336-529-6898  
7 / M  
*Oxford House since Jan '14*

**Oxford House - New Foundation**  
2746 Westmore Court  
Winston-Salem, NC 27103-4213  
336-608-4668  
7 / M  
*Oxford House since Jun '11*

**Oxford House - Queen Street**  
2422 Queen Street  
Winston-Salem, NC 27103-1908  
336-448-5591  
9 / M  
*Oxford House since Aug '13*

**Oxford House - Bethabara**  
2103 Bethabara Road  
Winston-Salem, NC 27106-2701  
336-815-8353  
6 / M  
*Oxford House since Oct '13*

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## Oxford House

Celebrating 40 Years



YEARS

Commemorative Program

2015 Annual Oxford House Convention

September 3 - 6, 2015

Washington Hilton Hotel  
Washington, DC





# Oxford House™

1975-2015

*40 Years of Organized Self-Help To Enable Alcoholics and Drug Addicts to Recover Without Relapse*

- Providing Sole Authority for Oxford House Charters
- Providing Technical Assistance to Establish New Oxford Houses
- Providing Technical Assistance to Keep Existing Oxford Houses on Track
- Providing Organization of Chapters to Help Oxford Houses to Help Themselves
- Providing the Time, Living Environment and Support to Enable Alcoholics and Drug Addicts to Achieve Recovery Without Relapse
- Providing the Legal, Philosophical, and Scientific Framework for a Cost-effective, Worldwide Network of Supportive Recovery Housing.

Write or Call

***Oxford House World Services***

1010 Wayne Avenue, Suite 300  
Silver Spring, Maryland 20910

Telephone 301-587-2916

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E-Mail [Info@oxfordhouse.org](mailto:Info@oxfordhouse.org)

Web Site: [www.oxfordhouse.org](http://www.oxfordhouse.org)